

SK≡PTIKO
science & spirituality

***BATTLING GRIEF,
AFTER DEATH
COMMUNICATION***

#539-STEPHEN-BERKLEY



1
00:00:05,110 --> 00:00:03,830
on this episode of skeptico

2
00:00:07,430 --> 00:00:05,120
grief

3
00:00:09,910 --> 00:00:07,440
and a movie about how some very clever

4
00:00:11,749 --> 00:00:09,920
scientists including some frontier

5
00:00:14,230 --> 00:00:11,759
scientists that you may have heard on

6
00:00:17,750 --> 00:00:14,240
this show before have found a way to

7
00:00:19,269 --> 00:00:17,760
combat it

8
00:00:21,910 --> 00:00:19,279
that whole year

9
00:00:23,670 --> 00:00:21,920
after i found out what happened was just

10
00:00:25,269 --> 00:00:23,680
a blur i don't remember it

11
00:00:26,950 --> 00:00:25,279
i think maybe subconsciously i

12
00:00:28,150 --> 00:00:26,960
suppressed it

13
00:00:30,070 --> 00:00:28,160

because i didn't know how to deal with

14

00:00:31,269 --> 00:00:30,080

it or i didn't want to accept what had

15

00:00:34,150 --> 00:00:31,279

happened

16

00:00:36,549 --> 00:00:34,160

but she was a mess

17

00:00:38,709 --> 00:00:36,559

the movie is titled living with ghosts

18

00:00:41,430 --> 00:00:38,719

and in a minute you'll hear my interview

19

00:00:44,069 --> 00:00:41,440

with the movie's creator stephen berkley

20

00:00:46,470 --> 00:00:44,079

it's a movie about science consciousness

21

00:00:49,430 --> 00:00:46,480

science as well as being a movie about

22

00:00:52,310 --> 00:00:49,440

grief and a movie about how families can

23

00:00:55,350 --> 00:00:52,320

become entangled in this battle with

24

00:00:56,950 --> 00:00:55,360

grief including stephen's own family

25

00:00:59,189 --> 00:00:56,960

here's a clip and at the end of it

26
00:01:00,549 --> 00:00:59,199
you'll hear his one and only very brief

27
00:01:01,990 --> 00:01:00,559
appearance in the film where he's

28
00:01:04,869 --> 00:01:02,000
talking to his mom and he's very

29
00:01:07,670 --> 00:01:04,879
concerned because his mom is considering

30
00:01:10,390 --> 00:01:07,680
this very wacky after death

31
00:01:13,750 --> 00:01:10,400
communication thing

32
00:01:16,469 --> 00:01:13,760
we're used to getting better we're being

33
00:01:19,590 --> 00:01:16,479
you know sold all kinds of stuff

34
00:01:21,830 --> 00:01:19,600
to make us better but nothing prepares

35
00:01:24,390 --> 00:01:21,840
us for when it doesn't that's my

36
00:01:26,550 --> 00:01:24,400
business mom if you're living alone

37
00:01:29,030 --> 00:01:26,560
having conversations with ghosts that's

38
00:01:31,990 --> 00:01:29,040

my business too

39

00:01:34,069 --> 00:01:32,000

family stuff is tough we all get that

40

00:01:36,069 --> 00:01:34,079

here's a clip from my upcoming interview

41

00:01:38,149 --> 00:01:36,079

where stephen describes how the whole

42

00:01:40,469 --> 00:01:38,159

thing got started

43

00:01:42,870 --> 00:01:40,479

what happened was my dad died my dad it

44

00:01:45,510 --> 00:01:42,880

was about 10 years ago my father passed

45

00:01:47,510 --> 00:01:45,520

and my mom pretty much she fell apart

46

00:01:50,630 --> 00:01:47,520

we did everything we could we got her

47

00:01:52,389 --> 00:01:50,640

into a support group grief counselor got

48

00:01:53,350 --> 00:01:52,399

her own therapist

49

00:01:56,149 --> 00:01:53,360

and

50

00:01:59,109 --> 00:01:56,159

nothing really did the trick uh nothing

51
00:02:00,789 --> 00:01:59,119
was really helping her get through it at

52
00:02:03,830 --> 00:02:00,799
all

53
00:02:06,230 --> 00:02:03,840
fortunately she had a neighbor who's a

54
00:02:09,589 --> 00:02:06,240
very sweet woman came over

55
00:02:10,389 --> 00:02:09,599
and said you know irene

56
00:02:14,309 --> 00:02:10,399
i

57
00:02:16,790 --> 00:02:14,319
but

58
00:02:20,150 --> 00:02:16,800
i correspond with my husband my late

59
00:02:21,589 --> 00:02:20,160
husband i i write to him every night

60
00:02:23,510 --> 00:02:21,599
it really helps

61
00:02:25,589 --> 00:02:23,520
and he writes back

62
00:02:27,110 --> 00:02:25,599
and my mother was like what

63
00:02:29,350 --> 00:02:27,120

you know and my brothers were actually

64

00:02:31,350 --> 00:02:29,360

pretty upset by this too because who is

65

00:02:34,390 --> 00:02:31,360

this kooky woman that's come over and is

66

00:02:35,910 --> 00:02:34,400

now accosting our mother with this offer

67

00:02:37,110 --> 00:02:35,920

now as you're about to hear in this

68

00:02:40,150 --> 00:02:37,120

interview and what you'll see when you

69

00:02:41,910 --> 00:02:40,160

watch this movie is that this automatic

70

00:02:44,150 --> 00:02:41,920

writing thing they're talking about

71

00:02:46,790 --> 00:02:44,160

turns out to be just one way of

72

00:02:49,110 --> 00:02:46,800

accessing this after death communication

73

00:02:51,830 --> 00:02:49,120

process that we don't fully understand

74

00:02:53,750 --> 00:02:51,840

but some very good scientists like dr

75

00:02:54,790 --> 00:02:53,760

jan holden from the university of north

76

00:02:56,229 --> 00:02:54,800

texas

77

00:02:58,550 --> 00:02:56,239

can measure

78

00:03:01,190 --> 00:02:58,560

the important thing is what what jan did

79

00:03:02,550 --> 00:03:01,200

was she said okay let's compare

80

00:03:05,350 --> 00:03:02,560

al botkin is the one who made the

81

00:03:06,710 --> 00:03:05,360

discovery that this emdr therapy that

82

00:03:08,550 --> 00:03:06,720

was used for the

83

00:03:10,710 --> 00:03:08,560

vietnam vets when he was working in

84

00:03:13,670 --> 00:03:10,720

chicago vet hospital

85

00:03:15,589 --> 00:03:13,680

that could work for grief because by

86

00:03:17,830 --> 00:03:15,599

accident he discovered that one of his

87

00:03:20,710 --> 00:03:17,840

one of his clients or patients where he

88

00:03:22,550 --> 00:03:20,720

was administering this emdr therapy

89

00:03:24,550 --> 00:03:22,560

they had an adc and after death

90

00:03:26,869 --> 00:03:24,560

communication he's the one that

91

00:03:28,869 --> 00:03:26,879

discovered it what jan holden did was he

92

00:03:32,710 --> 00:03:28,879

she said okay let's compare let's

93

00:03:34,470 --> 00:03:32,720

compare this iadc therapy to traditional

94

00:03:35,509 --> 00:03:34,480

grief counseling and see what works

95

00:03:37,589 --> 00:03:35,519

better

96

00:03:39,589 --> 00:03:37,599

it wasn't really a fair contest actually

97

00:03:41,190 --> 00:03:39,599

because nobody gets better from grief

98

00:03:42,309 --> 00:03:41,200

counseling it turns out it just doesn't

99

00:03:43,110 --> 00:03:42,319

work

100

00:03:46,070 --> 00:03:43,120

but

101
00:03:48,789 --> 00:03:46,080
with this iedc therapy the success rate

102
00:03:51,110 --> 00:03:48,799
is close to around 70 80 percent

103
00:03:53,830 --> 00:03:51,120
that's mind-blowing compared to any

104
00:03:56,070 --> 00:03:53,840
therapy that's ridiculous

105
00:03:57,830 --> 00:03:56,080
so as you might suspect from that last

106
00:04:00,309 --> 00:03:57,840
little clip this interview takes us down

107
00:04:02,470 --> 00:04:00,319
some interesting paths in terms of why

108
00:04:05,030 --> 00:04:02,480
the science we have is married to

109
00:04:08,229 --> 00:04:05,040
therapy that has proven not to work but

110
00:04:10,710 --> 00:04:08,239
the main story really is a therapy that

111
00:04:12,470 --> 00:04:10,720
does work and the implications for it in

112
00:04:14,710 --> 00:04:12,480
terms of helping people who are

113
00:04:17,670 --> 00:04:14,720

suffering grief and

114

00:04:21,030 --> 00:04:17,680

the larger implications in terms of what

115

00:04:23,670 --> 00:04:21,040

that means about our place within the

116

00:04:26,550 --> 00:04:23,680

consciousness universe the extended

117

00:04:30,070 --> 00:04:26,560

consciousness the greater reality that

118

00:04:33,189 --> 00:04:30,080

we are here with in

119

00:04:35,749 --> 00:04:33,199

this is a great movie in so many ways i

120

00:04:39,670 --> 00:04:35,759

really hope you find a way to watch it

121

00:04:41,510 --> 00:04:39,680

here's my interview with stephen berkley

122

00:04:44,230 --> 00:04:41,520

welcome to skeptico where we explore

123

00:04:46,550 --> 00:04:44,240

controversial science and spirituality

124

00:04:49,830 --> 00:04:46,560

with leading researchers thinkers and

125

00:04:52,710 --> 00:04:49,840

their critics i'm your host alex sacaris

126
00:04:53,909 --> 00:04:52,720
and today we welcome stephen berkley to

127
00:04:57,830 --> 00:04:53,919
skeptico

128
00:05:01,029 --> 00:04:57,840
steven is a very talented filmmaker he

129
00:05:03,909 --> 00:05:01,039
has an extraordinary new film out it's

130
00:05:05,670 --> 00:05:03,919
already won multiple awards as you can

131
00:05:07,990 --> 00:05:05,680
see if you're looking at the screen it's

132
00:05:11,350 --> 00:05:08,000
destined to win many more

133
00:05:13,830 --> 00:05:11,360
it's titled living with ghosts and the

134
00:05:17,029 --> 00:05:13,840
subtitle science weighs in

135
00:05:18,629 --> 00:05:17,039
on the healing power of after death

136
00:05:21,990 --> 00:05:18,639
communication

137
00:05:24,070 --> 00:05:22,000
stephen congratulations on your new film

138
00:05:25,270 --> 00:05:24,080

welcome welcome to skeptico thanks for

139

00:05:27,510 --> 00:05:25,280

joining me

140

00:05:29,670 --> 00:05:27,520

thank you alex good to be here

141

00:05:31,670 --> 00:05:29,680

tell us about yourself i mean

142

00:05:34,390 --> 00:05:31,680

th this project

143

00:05:37,029 --> 00:05:34,400

if anyone watches the film it's

144

00:05:39,029 --> 00:05:37,039

very very well done it's top top-notch

145

00:05:41,189 --> 00:05:39,039

filmmaking who are you to make such a

146

00:05:44,390 --> 00:05:41,199

film and then the amount of effort i

147

00:05:46,710 --> 00:05:44,400

mean this is years in the making

148

00:05:49,749 --> 00:05:46,720

so tell us about the filmmaking part of

149

00:05:51,350 --> 00:05:49,759

this about yourself and

150

00:05:53,670 --> 00:05:51,360

how do you how do you do this how you

151

00:05:55,909 --> 00:05:53,680

sustain this effort for as long as you

152

00:05:58,390 --> 00:05:55,919

did well i'm glad you asked me that

153

00:05:59,590 --> 00:05:58,400

question alex because i am not a veteran

154

00:06:01,510 --> 00:05:59,600

filmmaker

155

00:06:02,790 --> 00:06:01,520

uh this is my first feature film as a

156

00:06:05,350 --> 00:06:02,800

matter of fact

157

00:06:07,110 --> 00:06:05,360

my co-writer co-producer is christopher

158

00:06:09,749 --> 00:06:07,120

seaward who's better known for

159

00:06:12,870 --> 00:06:09,759

fahrenheit 911 and sicko

160

00:06:15,189 --> 00:06:12,880

and he's the award-winning filmmaker i'm

161

00:06:16,230 --> 00:06:15,199

just a guy to his left

162

00:06:18,950 --> 00:06:16,240

so

163

00:06:21,029 --> 00:06:18,960

it's my idea it's my concept it's my

164

00:06:23,270 --> 00:06:21,039

family that's in the film

165

00:06:24,870 --> 00:06:23,280

but he's really the craftsman so i

166

00:06:27,350 --> 00:06:24,880

really want to give him credit right out

167

00:06:30,150 --> 00:06:27,360

the door that's great so tell us about

168

00:06:32,390 --> 00:06:30,160

your personal involvement in this

169

00:06:34,710 --> 00:06:32,400

topic how do you do that

170

00:06:37,110 --> 00:06:34,720

what happened was my dad died my dad it

171

00:06:39,909 --> 00:06:37,120

was about 10 years ago my father passed

172

00:06:42,710 --> 00:06:39,919

and my mom pretty much she fell apart

173

00:06:45,670 --> 00:06:42,720

understandably so she had been by his

174

00:06:47,029 --> 00:06:45,680

side for 60 years

175

00:06:50,309 --> 00:06:47,039

and

176

00:06:52,150 --> 00:06:50,319

florida where she lived we did

177

00:06:55,189 --> 00:06:52,160

everything we could we brought her got

178

00:06:57,110 --> 00:06:55,199

her into a support group grief counselor

179

00:06:58,070 --> 00:06:57,120

got her own therapist

180

00:07:00,710 --> 00:06:58,080

and

181

00:07:03,270 --> 00:07:00,720

nothing really did the trick

182

00:07:05,510 --> 00:07:03,280

nothing was really helping her get

183

00:07:08,950 --> 00:07:05,520

through it at all

184

00:07:11,430 --> 00:07:08,960

fortunately she had a neighbor uh who's

185

00:07:14,870 --> 00:07:11,440

a very sweet woman came over

186

00:07:16,870 --> 00:07:14,880

and said you know irene

187

00:07:18,629 --> 00:07:16,880

i been doing this thing we haven't

188

00:07:19,589 --> 00:07:18,639

talked about this much

189

00:07:22,070 --> 00:07:19,599

but

190

00:07:25,350 --> 00:07:22,080

i correspond with my husband my late

191

00:07:26,870 --> 00:07:25,360

husband i i write to him every night

192

00:07:28,790 --> 00:07:26,880

it really helps

193

00:07:30,870 --> 00:07:28,800

and he writes back

194

00:07:32,390 --> 00:07:30,880

and my mother was like what

195

00:07:34,550 --> 00:07:32,400

you know and my brothers were actually

196

00:07:36,550 --> 00:07:34,560

pretty upset by this too because who is

197

00:07:39,430 --> 00:07:36,560

this kooky woman that's come over and is

198

00:07:41,270 --> 00:07:39,440

now accosting our mother with this offer

199

00:07:42,710 --> 00:07:41,280

it was a kind of a radical suggestion

200

00:07:44,869 --> 00:07:42,720

for all of us

201
00:07:47,189 --> 00:07:44,879
and my mother was not in a place where

202
00:07:50,070 --> 00:07:47,199
she could digest that at all

203
00:07:51,830 --> 00:07:50,080
but i was kind of interested and i was i

204
00:07:53,830 --> 00:07:51,840
followed her back over to her house and

205
00:07:56,150 --> 00:07:53,840
i just had a conversation with her

206
00:07:58,390 --> 00:07:56,160
and she showed me a stack of yellow

207
00:08:00,710 --> 00:07:58,400
legal pads where she is basically her

208
00:08:03,909 --> 00:08:00,720
correspondence with her husband over 12

209
00:08:06,629 --> 00:08:03,919
years her dead husband for 12 years and

210
00:08:07,990 --> 00:08:06,639
i was like okay this is really kooky but

211
00:08:10,309 --> 00:08:08,000
i'm kind of digging it you know i just

212
00:08:11,589 --> 00:08:10,319
enjoyed talking to this woman

213
00:08:14,230 --> 00:08:11,599

she was

214

00:08:16,550 --> 00:08:14,240

very i was looking for like uh

215

00:08:18,629 --> 00:08:16,560

cracks to see like what was going on is

216

00:08:19,830 --> 00:08:18,639

she is she schizophrenic like what's her

217

00:08:22,150 --> 00:08:19,840

story

218

00:08:24,469 --> 00:08:22,160

but just in conversation she was just

219

00:08:27,749 --> 00:08:24,479

trying to be just a very charming nice

220

00:08:29,589 --> 00:08:27,759

woman very grounded very for real

221

00:08:31,270 --> 00:08:29,599

and was not trying to sell me anything

222

00:08:33,350 --> 00:08:31,280

she was just this is just something that

223

00:08:34,230 --> 00:08:33,360

she did and she was sharing it with my

224

00:08:37,509 --> 00:08:34,240

mother

225

00:08:39,829 --> 00:08:37,519

have a better time

226

00:08:42,070 --> 00:08:39,839

getting through and to the other side

227

00:08:43,909 --> 00:08:42,080

right so that that's how it all started

228

00:08:46,230 --> 00:08:43,919

let's frame that up in terms of the

229

00:08:47,910 --> 00:08:46,240

movie because this is kind of how the

230

00:08:50,470 --> 00:08:47,920

movie plays out so it's kind of a good

231

00:08:52,790 --> 00:08:50,480

backstory i still can't quite wrap my

232

00:08:55,910 --> 00:08:52,800

head around you're down talking to your

233

00:08:57,350 --> 00:08:55,920

mom in boca raton florida and

234

00:08:58,790 --> 00:08:57,360

it's like

235

00:09:00,790 --> 00:08:58,800

gosh you know there's so many different

236

00:09:03,190 --> 00:09:00,800

layers of this grief thing

237

00:09:04,470 --> 00:09:03,200

that people who've been through it you

238

00:09:05,910 --> 00:09:04,480

know it's like a horrible thing once

239

00:09:07,430 --> 00:09:05,920

you've been through it and experienced

240

00:09:09,190 --> 00:09:07,440

it then you can relate to it and people

241

00:09:12,070 --> 00:09:09,200

who haven't can't

242

00:09:13,670 --> 00:09:12,080

but you know as a family you're grieving

243

00:09:15,509 --> 00:09:13,680

for your mom's grieving and all that

244

00:09:18,070 --> 00:09:15,519

stuff but then

245

00:09:20,949 --> 00:09:18,080

you know you gotta admit stephen so

246

00:09:23,750 --> 00:09:20,959

you're prompted to go to the neighbor's

247

00:09:27,190 --> 00:09:23,760

house and look at the legal pads and

248

00:09:29,910 --> 00:09:27,200

then that sends you on a seven-year

249

00:09:33,509 --> 00:09:29,920

project cross-crossing the country

250

00:09:35,750 --> 00:09:33,519

interviews with some of the top leading

251
00:09:38,230 --> 00:09:35,760
researchers in after death communication

252
00:09:41,269 --> 00:09:38,240
researchers in consciousness just

253
00:09:43,910 --> 00:09:41,279
extraordinary list of kind of who's who

254
00:09:47,430 --> 00:09:43,920
in this field i mean

255
00:09:49,509 --> 00:09:47,440
that it's not either destiny or it's

256
00:09:51,350 --> 00:09:49,519
a kind of dogged determination that you

257
00:09:53,990 --> 00:09:51,360
just can't imagine

258
00:09:56,310 --> 00:09:54,000
i i wasn't really interested in the

259
00:09:59,509 --> 00:09:56,320
consciousness part of it at that time

260
00:10:01,509 --> 00:09:59,519
i just felt here's this my mother who's

261
00:10:04,710 --> 00:10:01,519
really having a tough time and her

262
00:10:06,710 --> 00:10:04,720
friend and bridge partner ethel who is

263
00:10:08,710 --> 00:10:06,720

having this conversation ongoing

264

00:10:09,829 --> 00:10:08,720

conversation with her husband her late

265

00:10:11,910 --> 00:10:09,839

husband

266

00:10:13,269 --> 00:10:11,920

and i just thought it was cute i thought

267

00:10:14,389 --> 00:10:13,279

it was cute that these two women this

268

00:10:15,750 --> 00:10:14,399

odd couple

269

00:10:18,310 --> 00:10:15,760

are having two very different

270

00:10:20,230 --> 00:10:18,320

experiences in grief and i also thought

271

00:10:23,110 --> 00:10:20,240

ethel's story the one who was doing the

272

00:10:24,949 --> 00:10:23,120

automatic writing was just romantic

273

00:10:26,630 --> 00:10:24,959

i wasn't really paying so much attention

274

00:10:28,870 --> 00:10:26,640

to what she was doing or the very

275

00:10:31,269 --> 00:10:28,880

similitude of what she was doing

276

00:10:33,910 --> 00:10:31,279

i just thought it was adorable

277

00:10:36,710 --> 00:10:33,920

and that's really how it started

278

00:10:39,269 --> 00:10:36,720

and so i started interviewing other

279

00:10:40,790 --> 00:10:39,279

widows in my mother's community first i

280

00:10:43,350 --> 00:10:40,800

interviewed my mother she was my first

281

00:10:44,550 --> 00:10:43,360

interview then i interviewed ethel and

282

00:10:47,910 --> 00:10:44,560

then there was like

283

00:10:48,949 --> 00:10:47,920

four or five other widows in their orbit

284

00:10:51,430 --> 00:10:48,959

there was no

285

00:10:54,230 --> 00:10:51,440

were no widowers because the women were

286

00:10:55,750 --> 00:10:54,240

outliving the men by about eight or nine

287

00:10:57,430 --> 00:10:55,760

years

288

00:10:59,590 --> 00:10:57,440

so

289

00:11:02,790 --> 00:10:59,600

in these conversations with these other

290

00:11:04,949 --> 00:11:02,800

widows i also found that

291

00:11:07,910 --> 00:11:04,959

they were all having some kind of

292

00:11:10,710 --> 00:11:07,920

relationship with their deceased husband

293

00:11:12,150 --> 00:11:10,720

it wasn't as overt typically as ethel's

294

00:11:14,389 --> 00:11:12,160

experience they weren't automatic

295

00:11:17,030 --> 00:11:14,399

writing but they were doing something to

296

00:11:19,430 --> 00:11:17,040

honor the memory of their husbands

297

00:11:21,509 --> 00:11:19,440

and some of them were engaging a little

298

00:11:23,590 --> 00:11:21,519

bit here and there with the unseen one

299

00:11:26,389 --> 00:11:23,600

was going practicing kabbalah for

300

00:11:28,069 --> 00:11:26,399

instance and she claims that she could

301
00:11:31,110 --> 00:11:28,079
smell her husband in the house used to

302
00:11:32,550 --> 00:11:31,120
smoke cigars and she says that

303
00:11:34,230 --> 00:11:32,560
she smells cigar smoke and maybe that

304
00:11:35,750 --> 00:11:34,240
was his way of saying hello but there's

305
00:11:37,110 --> 00:11:35,760
nobody else that smokes cigars in the

306
00:11:39,030 --> 00:11:37,120
house now

307
00:11:41,350 --> 00:11:39,040
but she would get that sense

308
00:11:42,389 --> 00:11:41,360
and another one actually saw her late

309
00:11:44,630 --> 00:11:42,399
husband

310
00:11:47,350 --> 00:11:44,640
and she actually made it into the film

311
00:11:48,630 --> 00:11:47,360
but they were having these experiences

312
00:11:51,110 --> 00:11:48,640
and that's when i started doing a little

313
00:11:52,790 --> 00:11:51,120

bit of research and found out that these

314

00:11:56,150 --> 00:11:52,800

kind of experiences

315

00:11:59,030 --> 00:11:56,160

are not uncommon well they're beyond not

316

00:12:01,350 --> 00:11:59,040

uncommon as you flash up on the screen

317

00:12:04,949 --> 00:12:01,360

at one point during the interview

318

00:12:07,110 --> 00:12:04,959

studies that are done of people who are

319

00:12:09,430 --> 00:12:07,120

experiencing the loss of a loved one

320

00:12:10,470 --> 00:12:09,440

who's been in their life for a long time

321

00:12:12,870 --> 00:12:10,480

like 80

322

00:12:14,870 --> 00:12:12,880

of them experience after death

323

00:12:16,949 --> 00:12:14,880

communication so the real

324

00:12:19,110 --> 00:12:16,959

irony is that you know this is

325

00:12:21,829 --> 00:12:19,120

completely denied

326

00:12:25,829 --> 00:12:21,839

not only by science which we can kind of

327

00:12:27,829 --> 00:12:25,839

go into but by the healing community you

328

00:12:29,590 --> 00:12:27,839

know the people that are supposed to be

329

00:12:32,629 --> 00:12:29,600

charged with

330

00:12:34,870 --> 00:12:32,639

exactly this job of helping people

331

00:12:38,550 --> 00:12:34,880

through grief helping people through

332

00:12:40,790 --> 00:12:38,560

trauma so how they are unaware of this

333

00:12:44,310 --> 00:12:40,800

science which you reveal so beautifully

334

00:12:47,190 --> 00:12:44,320

in the in the film and you unfurl in the

335

00:12:50,710 --> 00:12:47,200

film in just a terrific way i i think

336

00:12:54,150 --> 00:12:50,720

the film's treatment of skeptics is

337

00:12:57,030 --> 00:12:54,160

just the best i've seen in almost any

338

00:12:58,470 --> 00:12:57,040

film of this kind or related

339

00:13:01,190 --> 00:12:58,480

paranormal

340

00:13:02,949 --> 00:13:01,200

consciousness stuff than i can remember

341

00:13:06,230 --> 00:13:02,959

and that's because

342

00:13:09,509 --> 00:13:06,240

you let the skeptics talk to people and

343

00:13:10,629 --> 00:13:09,519

then just reveal how completely idiotic

344

00:13:13,829 --> 00:13:10,639

they are

345

00:13:16,790 --> 00:13:13,839

i mean you see people you you see these

346

00:13:19,430 --> 00:13:16,800

therapists just denying

347

00:13:21,430 --> 00:13:19,440

the experience of an individual right

348

00:13:23,670 --> 00:13:21,440

before their face and then they're calm

349

00:13:25,509 --> 00:13:23,680

about it and they go well you just don't

350

00:13:27,670 --> 00:13:25,519

know what you're talking about quite you

351

00:13:29,590 --> 00:13:27,680

know politely you just don't know what

352

00:13:33,430 --> 00:13:29,600

you're talking about here's i just

353

00:13:35,750 --> 00:13:33,440

pulled up you know roger z samuel who is

354

00:13:38,389 --> 00:13:35,760

featured in the film and just does a

355

00:13:41,750 --> 00:13:38,399

marvelous job of playing the role of the

356

00:13:44,310 --> 00:13:41,760

idiotic psychologist psychiatrist he's a

357

00:13:45,829 --> 00:13:44,320

forensic psychologist just a complete

358

00:13:49,189 --> 00:13:45,839

joke in terms of

359

00:13:52,230 --> 00:13:49,199

he just looks he looks silly and you do

360

00:13:55,350 --> 00:13:52,240

that in a way that allows

361

00:13:57,269 --> 00:13:55,360

these folks to just say it in their own

362

00:13:59,509 --> 00:13:57,279

words and then you contrast that with

363

00:14:01,990 --> 00:13:59,519

someone like dr jan holden from the

364

00:14:03,829 --> 00:14:02,000

university of north texas who's been on

365

00:14:06,310 --> 00:14:03,839

the show a couple times fantastic

366

00:14:08,150 --> 00:14:06,320

researcher very competent person who

367

00:14:10,150 --> 00:14:08,160

just sums it all up just by with this

368

00:14:11,990 --> 00:14:10,160

kind of rye little grin and goes well

369

00:14:14,389 --> 00:14:12,000

they just don't know the research

370

00:14:16,629 --> 00:14:14,399

they're not scientists they haven't

371

00:14:18,629 --> 00:14:16,639

stayed up on the art they just don't

372

00:14:20,150 --> 00:14:18,639

know what they're talking about but i

373

00:14:22,790 --> 00:14:20,160

love the way

374

00:14:25,269 --> 00:14:22,800

you let the skeptics

375

00:14:27,110 --> 00:14:25,279

talk to real people because a lot of

376

00:14:29,110 --> 00:14:27,120

times when skeptics are talking to

377

00:14:31,910 --> 00:14:29,120

scientists somebody like jeffrey kripal

378

00:14:33,870 --> 00:14:31,920

who's featured in the film then there's

379

00:14:36,069 --> 00:14:33,880

like this automatic

380

00:14:37,910 --> 00:14:36,079

antagonistic kind of thing but when

381

00:14:40,550 --> 00:14:37,920

they're talking to real people they look

382

00:14:42,710 --> 00:14:40,560

just especially ridiculous do you have

383

00:14:44,949 --> 00:14:42,720

any any thoughts on that or did you see

384

00:14:45,829 --> 00:14:44,959

that as it was kind of unfolding in the

385

00:14:47,829 --> 00:14:45,839

film

386

00:14:50,069 --> 00:14:47,839

well first well thank you by the way for

387

00:14:51,990 --> 00:14:50,079

all those compliments i appreciate that

388

00:14:54,310 --> 00:14:52,000

the psychiatrist in the film roger

389

00:14:57,030 --> 00:14:54,320

samuel was just being a psychiatrist i

390

00:14:58,949 --> 00:14:57,040

don't want to call him idiotic uh he was

391

00:15:00,710 --> 00:14:58,959

doing he that was his training his

392

00:15:02,150 --> 00:15:00,720

training was to say okay

393

00:15:04,150 --> 00:15:02,160

i'm going to ask you if you were doing

394

00:15:05,670 --> 00:15:04,160

crack and that's what led you to this

395

00:15:06,470 --> 00:15:05,680

experience you're having

396

00:15:13,030 --> 00:15:06,480

so

397

00:15:15,269 --> 00:15:13,040

heard you do on other shows which is

398

00:15:16,550 --> 00:15:15,279

these people don't actually believe what

399

00:15:18,710 --> 00:15:16,560

they're saying i'm talking about the

400

00:15:21,590 --> 00:15:18,720

debunkers right now like you'll you'll

401
00:15:23,430 --> 00:15:21,600
talk about the debunkers and you can't

402
00:15:25,750 --> 00:15:23,440
you don't believe that they actually

403
00:15:28,069 --> 00:15:25,760
believe what they're saying they are

404
00:15:30,389 --> 00:15:28,079
cynical in the truest sense in that they

405
00:15:32,870 --> 00:15:30,399
are just interested in their own

406
00:15:34,550 --> 00:15:32,880
maintaining their own uh status quo

407
00:15:36,470 --> 00:15:34,560
whatever that is

408
00:15:37,829 --> 00:15:36,480
i will i will say that

409
00:15:39,189 --> 00:15:37,839
if i was going to challenge you i would

410
00:15:41,189 --> 00:15:39,199
say that

411
00:15:42,949 --> 00:15:41,199
they're not

412
00:15:45,430 --> 00:15:42,959
they just want to be comfortable people

413
00:15:46,710 --> 00:15:45,440

in general want to be comfortable with

414

00:15:48,310 --> 00:15:46,720

what they believe

415

00:15:49,910 --> 00:15:48,320

and they want to be comfortable what

416

00:15:51,350 --> 00:15:49,920

they purport

417

00:15:52,150 --> 00:15:51,360

and

418

00:15:54,470 --> 00:15:52,160

uh

419

00:15:56,310 --> 00:15:54,480

the skeptics in the film

420

00:15:58,629 --> 00:15:56,320

there's a couple of debunkers i'll just

421

00:16:00,230 --> 00:15:58,639

flash on the screen every now and again

422

00:16:02,550 --> 00:16:00,240

to remind people like who these

423

00:16:04,710 --> 00:16:02,560

debunkers are and what they're saying

424

00:16:06,629 --> 00:16:04,720

i believe they believe this is just my

425

00:16:08,949 --> 00:16:06,639

personal opinion i believe they believe

426

00:16:10,710 --> 00:16:08,959

what they're saying i believe that they

427

00:16:12,310 --> 00:16:10,720

believe in materialism

428

00:16:15,670 --> 00:16:12,320

and they're just

429

00:16:17,670 --> 00:16:15,680

and yes they probably are protecting

430

00:16:20,069 --> 00:16:17,680

their profession or their industry or

431

00:16:22,389 --> 00:16:20,079

the way or their world view

432

00:16:25,110 --> 00:16:22,399

but that's and that's what most of us do

433

00:16:26,310 --> 00:16:25,120

right i mean look at all the people who

434

00:16:27,509 --> 00:16:26,320

are

435

00:16:29,910 --> 00:16:27,519

denying

436

00:16:32,550 --> 00:16:29,920

that their spouse is cheating on them

437

00:16:35,590 --> 00:16:32,560

they can't even they can't even go there

438

00:16:37,829 --> 00:16:35,600

they know it on some subconscious level

439

00:16:38,550 --> 00:16:37,839

but they can't bring themselves

440

00:16:43,030 --> 00:16:38,560

to

441

00:16:45,749 --> 00:16:43,040

disruptive they got a kid they got work

442

00:16:47,829 --> 00:16:45,759

to go to they can't think about that and

443

00:16:50,230 --> 00:16:47,839

i think a lot of these debunkers

444

00:16:51,749 --> 00:16:50,240

or even the psychiatrist they can't

445

00:16:53,030 --> 00:16:51,759

think about the possibility of this

446

00:16:55,590 --> 00:16:53,040

other realm

447

00:16:57,670 --> 00:16:55,600

well of course they can and you're just

448

00:16:59,829 --> 00:16:57,680

letting them off the hook for no good

449

00:17:02,230 --> 00:16:59,839

reason i mean

450

00:17:04,630 --> 00:17:02,240

roger samuel md

451
00:17:07,189 --> 00:17:04,640
has a responsibility

452
00:17:10,069 --> 00:17:07,199
his responsibility is to know his

453
00:17:13,029 --> 00:17:10,079
science to know the current artwork i

454
00:17:15,429 --> 00:17:13,039
mean if if he was working with someone

455
00:17:17,189 --> 00:17:15,439
who was gay

456
00:17:18,390 --> 00:17:17,199
and he was

457
00:17:23,429 --> 00:17:18,400
completely

458
00:17:25,429 --> 00:17:23,439
tied to what the dsm-3 said or dsm4 i

459
00:17:27,110 --> 00:17:25,439
forget before they changed it that you

460
00:17:29,270 --> 00:17:27,120
have a psychological disorder and that

461
00:17:31,270 --> 00:17:29,280
you're you know we would be up in arms

462
00:17:33,669 --> 00:17:31,280
we would go oh my god how can he be so

463
00:17:35,909 --> 00:17:33,679

completely out of sync with the current

464

00:17:38,070 --> 00:17:35,919

science the current state of his field

465

00:17:39,990 --> 00:17:38,080

yet why do you want to make apologies

466

00:17:41,909 --> 00:17:40,000

for the guy who just

467

00:17:43,510 --> 00:17:41,919

what because he's stuck in a world view

468

00:17:45,430 --> 00:17:43,520

we're supposed to feel sorry for him i

469

00:17:47,830 --> 00:17:45,440

don't feel sorry for him at all i feel

470

00:17:49,190 --> 00:17:47,840

sorry for his patients who have to

471

00:17:52,470 --> 00:17:49,200

endure his

472

00:17:55,510 --> 00:17:52,480

nonsense his lack of deep thinking in

473

00:17:58,390 --> 00:17:55,520

his lack of of really scholarship and

474

00:18:00,789 --> 00:17:58,400

and professionalism about knowing you

475

00:18:02,870 --> 00:18:00,799

know what to do there's i agree alex i

476

00:18:04,870 --> 00:18:02,880

agree that these professionals

477

00:18:07,190 --> 00:18:04,880

especially medical health professionals

478

00:18:09,270 --> 00:18:07,200

need to be up on the science no question

479

00:18:11,510 --> 00:18:09,280

i was just really talking about

480

00:18:13,750 --> 00:18:11,520

i wanted to contrast something you have

481

00:18:15,590 --> 00:18:13,760

said in other shows about the debunkers

482

00:18:17,909 --> 00:18:15,600

specifically and they're going around

483

00:18:20,150 --> 00:18:17,919

saying this doesn't exist and you were

484

00:18:21,750 --> 00:18:20,160

saying that well they don't they can't

485

00:18:23,909 --> 00:18:21,760

believe that they can't be faced with

486

00:18:25,750 --> 00:18:23,919

this information and still say that i

487

00:18:27,750 --> 00:18:25,760

say they can believe it because they

488

00:18:29,669 --> 00:18:27,760

want to believe it like most of us

489

00:18:31,750 --> 00:18:29,679

we want to believe what makes us feel

490

00:18:33,190 --> 00:18:31,760

comfortable well i don't know exactly

491

00:18:35,830 --> 00:18:33,200

what you're referring to in the other

492

00:18:37,270 --> 00:18:35,840

shows but i i think we have to make a

493

00:18:39,510 --> 00:18:37,280

distinction there and i wasn't going to

494

00:18:41,510 --> 00:18:39,520

get into this because it's my usual

495

00:18:43,669 --> 00:18:41,520

kind of skeptical thing that kind of

496

00:18:45,830 --> 00:18:43,679

goes a little bit off target especially

497

00:18:47,990 --> 00:18:45,840

with your film but it's like yeah of

498

00:18:49,270 --> 00:18:48,000

course there's the useful idiots who

499

00:18:51,990 --> 00:18:49,280

follow

500

00:18:54,230 --> 00:18:52,000

the party line and are just propagating

501
00:18:57,029 --> 00:18:54,240
nonsense and they believe it that

502
00:18:58,549 --> 00:18:57,039
doesn't matter the the larger question i

503
00:19:01,750 --> 00:18:58,559
think that we currently have to

504
00:19:04,150 --> 00:19:01,760
especially ask in this situation is

505
00:19:06,310 --> 00:19:04,160
and i think your film comes close to

506
00:19:08,710 --> 00:19:06,320
asking it in some ways maybe that you're

507
00:19:11,990 --> 00:19:08,720
not even totally aware of is

508
00:19:13,909 --> 00:19:12,000
is the systematic denial

509
00:19:15,190 --> 00:19:13,919
of this science which is at this point

510
00:19:19,110 --> 00:19:15,200
overwhelming like the science

511
00:19:21,669 --> 00:19:19,120
unconsciousness is overwhelming the the

512
00:19:23,190 --> 00:19:21,679
science on after death communication is

513
00:19:26,230 --> 00:19:23,200

overwhelming

514

00:19:28,150 --> 00:19:26,240

can we really chalk up the entire denial

515

00:19:29,430 --> 00:19:28,160

of that across the board across all the

516

00:19:32,230 --> 00:19:29,440

skeptics

517

00:19:33,750 --> 00:19:32,240

as just being well gosh darn it you know

518

00:19:36,230 --> 00:19:33,760

they're just kind of stuck in their

519

00:19:39,110 --> 00:19:36,240

dogma when in particular again as your

520

00:19:41,590 --> 00:19:39,120

film points out they have such a vested

521

00:19:44,230 --> 00:19:41,600

interest if like the way you brought it

522

00:19:46,789 --> 00:19:44,240

out in the film which was even clearer

523

00:19:49,270 --> 00:19:46,799

is i think it's jeff cripel when you

524

00:19:53,430 --> 00:19:49,280

talk about religion and you talk about

525

00:19:56,070 --> 00:19:53,440

why would religion possibly give an inch

526
00:19:58,070 --> 00:19:56,080
to the idea of after death communication

527
00:19:59,190 --> 00:19:58,080
because when they do they've seeded

528
00:20:03,110 --> 00:19:59,200
control

529
00:20:05,430 --> 00:20:03,120
want to be the intermediary of your

530
00:20:07,510 --> 00:20:05,440
transcendent experiences all your ex

531
00:20:10,310 --> 00:20:07,520
your spiritual experience they want to

532
00:20:12,230 --> 00:20:10,320
be the intermediary of the most

533
00:20:13,270 --> 00:20:12,240
important experience you can have on in

534
00:20:16,149 --> 00:20:13,280
life

535
00:20:16,870 --> 00:20:16,159
science is in the same game man and and

536
00:20:19,270 --> 00:20:16,880
you

537
00:20:21,990 --> 00:20:19,280
talk about it in the film science cannot

538
00:20:24,390 --> 00:20:22,000

say well gee you know we really got our

539

00:20:26,789 --> 00:20:24,400

our hands around everything oh except

540

00:20:29,909 --> 00:20:26,799

the thing that's most important to you

541

00:20:31,750 --> 00:20:29,919

yeah we really don't got that at all so

542

00:20:33,990 --> 00:20:31,760

that's where i'm coming from on that of

543

00:20:35,590 --> 00:20:34,000

of course there's the useful idiot

544

00:20:37,110 --> 00:20:35,600

skeptic in debunker but that's not

545

00:20:39,590 --> 00:20:37,120

really the one we care about we care

546

00:20:41,750 --> 00:20:39,600

about is there someone behind there

547

00:20:43,590 --> 00:20:41,760

behind the curtain that is directing

548

00:20:45,270 --> 00:20:43,600

things in a certain way well there

549

00:20:48,310 --> 00:20:45,280

always is someone behind the curtain

550

00:20:51,190 --> 00:20:48,320

there's always a social engineering

551
00:20:53,190 --> 00:20:51,200
aspect of this that's always at play the

552
00:20:55,430 --> 00:20:53,200
question is do we know who they are do

553
00:20:57,830 --> 00:20:55,440
we know what they're doing

554
00:20:59,590 --> 00:20:57,840
yeah and more to your point i kind of

555
00:21:01,669 --> 00:20:59,600
missed a step when i was talking about

556
00:21:04,070 --> 00:21:01,679
my my journey here which would have led

557
00:21:06,630 --> 00:21:04,080
right into your point which was this

558
00:21:08,310 --> 00:21:06,640
i ended up going to a couple of sessions

559
00:21:10,070 --> 00:21:08,320
my mother's psychotherapy or grief

560
00:21:12,390 --> 00:21:10,080
counseling sessions i went with her and

561
00:21:14,230 --> 00:21:12,400
i filmed because i was just starting to

562
00:21:15,909 --> 00:21:14,240
figure out like what the movie was about

563
00:21:19,029 --> 00:21:15,919

at that point i just want to start

564

00:21:20,789 --> 00:21:19,039

following people around and luckily my

565

00:21:22,870 --> 00:21:20,799

mother and my mother's friends let me

566

00:21:24,390 --> 00:21:22,880

follow them around with a camera crew of

567

00:21:25,909 --> 00:21:24,400

10 people

568

00:21:27,510 --> 00:21:25,919

so i'm

569

00:21:29,830 --> 00:21:27,520

fumbling my mother around

570

00:21:31,590 --> 00:21:29,840

her to her grief counselor and she's

571

00:21:33,669 --> 00:21:31,600

having a conversation

572

00:21:35,350 --> 00:21:33,679

and she tells this did not make it into

573

00:21:37,669 --> 00:21:35,360

the film unfortunately had to be cut for

574

00:21:39,270 --> 00:21:37,679

timing but she tells my grief her grief

575

00:21:41,590 --> 00:21:39,280

counselor that

576

00:21:43,830 --> 00:21:41,600

her neighbor has kind of convinced her

577

00:21:45,669 --> 00:21:43,840

that maybe she should try looking for my

578

00:21:47,430 --> 00:21:45,679

father in the afterlife

579

00:21:49,990 --> 00:21:47,440

maybe she because because she was a

580

00:21:52,310 --> 00:21:50,000

little bit envious of her friend's

581

00:21:55,029 --> 00:21:52,320

experience she her friend was having a

582

00:21:57,510 --> 00:21:55,039

real satisfy satisfactory relationship

583

00:21:59,990 --> 00:21:57,520

and my mother wanted that too

584

00:22:02,789 --> 00:22:00,000

and the grief counselor was very

585

00:22:04,070 --> 00:22:02,799

dismissive and discouraging she was

586

00:22:05,830 --> 00:22:04,080

empathetic

587

00:22:08,230 --> 00:22:05,840

but she said something along the lines

588

00:22:09,510 --> 00:22:08,240

of well that's okay irene for now but

589

00:22:11,270 --> 00:22:09,520

that's a

590

00:22:13,590 --> 00:22:11,280

short-term solution to a long-term

591

00:22:16,149 --> 00:22:13,600

problem you you don't want that to be

592

00:22:17,590 --> 00:22:16,159

the way to handle

593

00:22:19,669 --> 00:22:17,600

bereavement

594

00:22:21,750 --> 00:22:19,679

and that made me furious

595

00:22:24,230 --> 00:22:21,760

my mother was actually starting

596

00:22:26,230 --> 00:22:24,240

to get better she was actually starting

597

00:22:28,390 --> 00:22:26,240

to feel like maybe there was something

598

00:22:31,750 --> 00:22:28,400

ahead that lied ahead

599

00:22:33,750 --> 00:22:31,760

that would somehow close this huge gap

600

00:22:35,350 --> 00:22:33,760

that was now in her life

601
00:22:36,870 --> 00:22:35,360
and

602
00:22:40,390 --> 00:22:36,880
this grief counselor was basically

603
00:22:42,549 --> 00:22:40,400
disabusing my mother of this this okay

604
00:22:43,270 --> 00:22:42,559
let's call it a placebo effect if you

605
00:22:44,549 --> 00:22:43,280
will

606
00:22:46,950 --> 00:22:44,559
maybe

607
00:22:49,669 --> 00:22:46,960
why do why why take that away from her

608
00:22:52,070 --> 00:22:49,679
even if it is just a placebo effect

609
00:22:53,669 --> 00:22:52,080
she believes that maybe my father is

610
00:22:55,990 --> 00:22:53,679
still in the house with her there was a

611
00:22:57,590 --> 00:22:56,000
light by the way i didn't mention this

612
00:23:00,390 --> 00:22:57,600
there was a light blinking in my house

613
00:23:01,350 --> 00:23:00,400

my old house house i grew up in

614

00:23:02,630 --> 00:23:01,360

and

615

00:23:04,390 --> 00:23:02,640

it was blinking there was a light

616

00:23:06,149 --> 00:23:04,400

blinking in every room

617

00:23:08,710 --> 00:23:06,159

and the neighbor convinced my mother

618

00:23:10,390 --> 00:23:08,720

that this is my father saying hello

619

00:23:12,789 --> 00:23:10,400

and my mother was starting to have these

620

00:23:14,390 --> 00:23:12,799

conversations with the blinking light

621

00:23:16,549 --> 00:23:14,400

and that was making her feel that this

622

00:23:17,909 --> 00:23:16,559

is the only thing that was making her

623

00:23:19,990 --> 00:23:17,919

feel better

624

00:23:22,230 --> 00:23:20,000

so for this grief counselor to say

625

00:23:24,630 --> 00:23:22,240

that's not wait the way to handle that i

626

00:23:26,710 --> 00:23:24,640

didn't do the research yet i was going

627

00:23:29,190 --> 00:23:26,720

to find out that 50 years ago a guy

628

00:23:31,350 --> 00:23:29,200

named dewey reese a physician discovered

629

00:23:33,029 --> 00:23:31,360

that half the population was having

630

00:23:34,310 --> 00:23:33,039

these experiences and feeling better

631

00:23:36,630 --> 00:23:34,320

from it

632

00:23:38,789 --> 00:23:36,640

i didn't find that yet

633

00:23:40,950 --> 00:23:38,799

i just knew that my mother

634

00:23:43,029 --> 00:23:40,960

was feeling better and that was the only

635

00:23:43,990 --> 00:23:43,039

thing that was important to me and how

636

00:23:46,310 --> 00:23:44,000

dare

637

00:23:47,990 --> 00:23:46,320

this grief counselor say no don't handle

638

00:23:50,630 --> 00:23:48,000

it that way irene that's not the way to

639

00:23:51,990 --> 00:23:50,640

do it i know better

640

00:23:53,750 --> 00:23:52,000

you know i think that actually did make

641

00:23:56,390 --> 00:23:53,760

it in the film isn't that uh beth

642

00:23:58,390 --> 00:23:56,400

greenstein isn't she the one who

643

00:24:00,710 --> 00:23:58,400

is talking to your mom and

644

00:24:02,870 --> 00:24:00,720

she you know you feel that's where i

645

00:24:05,029 --> 00:24:02,880

guess i'd switch over on your side

646

00:24:06,390 --> 00:24:05,039

i do feel for

647

00:24:07,750 --> 00:24:06,400

people like beth

648

00:24:09,269 --> 00:24:07,760

even though they're ignorant of the

649

00:24:11,430 --> 00:24:09,279

science and even though they're giving

650

00:24:13,990 --> 00:24:11,440

bad advice they're doing what they think

651
00:24:17,029 --> 00:24:14,000
their job is to kind of help these

652
00:24:20,310 --> 00:24:17,039
people through the day and it's kind of

653
00:24:23,510 --> 00:24:20,320
the nature of counseling that they're so

654
00:24:26,070 --> 00:24:23,520
intertwined with their own beliefs and

655
00:24:27,750 --> 00:24:26,080
values you know so i hold the scientists

656
00:24:29,990 --> 00:24:27,760
to a different standard because they

657
00:24:32,310 --> 00:24:30,000
hold themselves to a different standard

658
00:24:34,789 --> 00:24:32,320
but yeah it is really troubling you want

659
00:24:37,110 --> 00:24:34,799
to jump right into the film and grab her

660
00:24:39,350 --> 00:24:37,120
little neck and say

661
00:24:41,590 --> 00:24:39,360
how can you be so confident in just

662
00:24:43,909 --> 00:24:41,600
completely denying someone's experience

663
00:24:47,190 --> 00:24:43,919

i mean you wouldn't deny anyone else's

664

00:24:48,149 --> 00:24:47,200

experience why are you so immediately

665

00:24:50,870 --> 00:24:48,159

kind of

666

00:24:52,630 --> 00:24:50,880

triggered to deny this experience so

667

00:24:53,909 --> 00:24:52,640

that conversation

668

00:24:55,190 --> 00:24:53,919

you saw a different conversation that

669

00:24:57,029 --> 00:24:55,200

made it into the film this particular

670

00:24:58,630 --> 00:24:57,039

conversation i'm talking about did not

671

00:25:00,630 --> 00:24:58,640

but right after that conversation i

672

00:25:02,390 --> 00:25:00,640

started doing some research it did not

673

00:25:05,029 --> 00:25:02,400

take me long at all

674

00:25:07,430 --> 00:25:05,039

to uncover i mean i'm not a professor

675

00:25:09,669 --> 00:25:07,440

right i'm not a psychologist

676

00:25:12,070 --> 00:25:09,679

i just had to do a couple of type in a

677

00:25:15,029 --> 00:25:12,080

couple of keywords in google

678

00:25:16,230 --> 00:25:15,039

and i found out about this physician in

679

00:25:18,070 --> 00:25:16,240

the uk

680

00:25:20,390 --> 00:25:18,080

in 1971

681

00:25:22,390 --> 00:25:20,400

did this research in wales where he just

682

00:25:24,870 --> 00:25:22,400

asked one simple question to a

683

00:25:25,990 --> 00:25:24,880

population of nearly 300 widows and

684

00:25:27,669 --> 00:25:26,000

widowers

685

00:25:30,070 --> 00:25:27,679

and the question was

686

00:25:31,510 --> 00:25:30,080

what has helped what has helped you most

687

00:25:32,710 --> 00:25:31,520

getting through

688

00:25:34,870 --> 00:25:32,720

your grief

689

00:25:37,029 --> 00:25:34,880

and the answer was he was shocked by

690

00:25:39,269 --> 00:25:37,039

this but the answer was getting a visit

691

00:25:41,430 --> 00:25:39,279

from my deceased spouse that that was

692

00:25:44,390 --> 00:25:41,440

the game changer for me

693

00:25:45,549 --> 00:25:44,400

so there's been like nine studies

694

00:25:49,190 --> 00:25:45,559

between

695

00:25:50,870 --> 00:25:49,200

1958 and 1998 and jan holden gave me

696

00:25:52,549 --> 00:25:50,880

this research by the way

697

00:25:54,470 --> 00:25:52,559

and whenever grad students compiled some

698

00:25:56,549 --> 00:25:54,480

numbers and figured

699

00:25:59,350 --> 00:25:56,559

those nine studies

700

00:26:00,470 --> 00:25:59,360

found that at at least

701
00:26:03,750 --> 00:26:00,480
40

702
00:26:05,110 --> 00:26:03,760
i think at least 47 on the low end and

703
00:26:06,470 --> 00:26:05,120
as much as 90

704
00:26:08,470 --> 00:26:06,480
on the high end

705
00:26:11,909 --> 00:26:08,480
of widows and widowers have had some

706
00:26:13,510 --> 00:26:11,919
kind of contact like i'm describing

707
00:26:15,430 --> 00:26:13,520
so one of the topics you have to

708
00:26:16,870 --> 00:26:15,440
navigate through the film and it's

709
00:26:19,669 --> 00:26:16,880
already come up a couple of times in

710
00:26:23,110 --> 00:26:19,679
this conversation is effectively dealing

711
00:26:24,630 --> 00:26:23,120
with grief in terms of feeling better

712
00:26:26,470 --> 00:26:24,640
versus

713
00:26:28,950 --> 00:26:26,480

the underlying

714

00:26:31,269 --> 00:26:28,960

extended consciousness science is the

715

00:26:33,669 --> 00:26:31,279

way i would say it and that means

716

00:26:35,269 --> 00:26:33,679

are you really talking with the deceased

717

00:26:38,149 --> 00:26:35,279

what does that mean

718

00:26:39,990 --> 00:26:38,159

what happens to us after we die how long

719

00:26:42,390 --> 00:26:40,000

do you do it is there some kind of

720

00:26:44,710 --> 00:26:42,400

mechanism for doing it can you do this

721

00:26:46,710 --> 00:26:44,720

eft tapping on the hands and does that

722

00:26:48,870 --> 00:26:46,720

magically transport you into the

723

00:26:50,390 --> 00:26:48,880

extended realm all those kind of

724

00:26:53,430 --> 00:26:50,400

questions so

725

00:26:55,750 --> 00:26:53,440

how does the film wrestle with that and

726

00:26:57,430 --> 00:26:55,760

how do you wrestle with that yourself

727

00:27:00,470 --> 00:26:57,440

stephen having gone through this on such

728

00:27:03,190 --> 00:27:00,480

a personal level is it just about

729

00:27:06,549 --> 00:27:03,200

feeling better or is it about

730

00:27:09,669 --> 00:27:06,559

somehow having a deeper understanding of

731

00:27:11,430 --> 00:27:09,679

what this consciousness thing is

732

00:27:13,350 --> 00:27:11,440

it's a great question the answer for me

733

00:27:15,909 --> 00:27:13,360

is different than the answer like i

734

00:27:17,190 --> 00:27:15,919

think for my subjects in the film

735

00:27:19,430 --> 00:27:17,200

i i like

736

00:27:21,269 --> 00:27:19,440

starting out with what alan botkin says

737

00:27:22,549 --> 00:27:21,279

when people say hey is this is this a

738

00:27:23,909 --> 00:27:22,559

real

739

00:27:25,269 --> 00:27:23,919

thing that's happening are these people

740

00:27:26,950 --> 00:27:25,279

just imagining it and that's what's

741

00:27:29,110 --> 00:27:26,960

making them feel better

742

00:27:30,549 --> 00:27:29,120

and i decided to take a page out of his

743

00:27:31,830 --> 00:27:30,559

book i think this is a great answer to

744

00:27:34,549 --> 00:27:31,840

that question

745

00:27:37,669 --> 00:27:34,559

the answer is it doesn't matter

746

00:27:40,310 --> 00:27:37,679

this therapy that's featured in the film

747

00:27:42,149 --> 00:27:40,320

is about healing

748

00:27:43,430 --> 00:27:42,159

alan botkin he'll say something along

749

00:27:45,669 --> 00:27:43,440

the lines of

750

00:27:47,110 --> 00:27:45,679

i don't want to get mired in the debate

751
00:27:48,630 --> 00:27:47,120
of whether or not our personalities

752
00:27:50,470 --> 00:27:48,640
survive death

753
00:27:52,630 --> 00:27:50,480
that's for the that's for the

754
00:27:54,870 --> 00:27:52,640
uh the academics i'm not interested in

755
00:27:57,029 --> 00:27:54,880
that i just want i'm a psychologist i

756
00:27:59,909 --> 00:27:57,039
want to help people heal

757
00:28:01,430 --> 00:27:59,919
so as a filmmaker i have an opinion and

758
00:28:02,470 --> 00:28:01,440
i think anybody who sees the film you

759
00:28:03,669 --> 00:28:02,480
could pretty much see the way i'm

760
00:28:06,149 --> 00:28:03,679
leaning

761
00:28:07,029 --> 00:28:06,159
but i like at least ostensibly coming

762
00:28:08,149 --> 00:28:07,039
across

763
00:28:10,549 --> 00:28:08,159

objective

764

00:28:12,630 --> 00:28:10,559

and saying okay this is how here's some

765

00:28:15,110 --> 00:28:12,640

information here's how these people feel

766

00:28:17,269 --> 00:28:15,120

and here are these people's opinions

767

00:28:19,350 --> 00:28:17,279

you know draw your own conclusion

768

00:28:23,029 --> 00:28:19,360

that just feels better

769

00:28:25,590 --> 00:28:23,039

to me to kind of like straddle that line

770

00:28:28,070 --> 00:28:25,600

well i think the film does a terrific

771

00:28:30,549 --> 00:28:28,080

job of that and as a matter of fact

772

00:28:33,269 --> 00:28:30,559

it makes it more powerful it makes it

773

00:28:36,070 --> 00:28:33,279

more compelling because you do hold that

774

00:28:39,269 --> 00:28:36,080

line and there's this story arc

775

00:28:41,750 --> 00:28:39,279

tell people about karen and tell people

776

00:28:43,430 --> 00:28:41,760

about the transformation that she goes

777

00:28:45,830 --> 00:28:43,440

through because

778

00:28:47,190 --> 00:28:45,840

you guys are super skilled i can't even

779

00:28:48,470 --> 00:28:47,200

wrap my head around this being your

780

00:28:51,269 --> 00:28:48,480

first film

781

00:28:54,389 --> 00:28:51,279

but because it's so so well done and the

782

00:28:56,389 --> 00:28:54,399

story is incredible for a documentary

783

00:28:59,029 --> 00:28:56,399

there's a story line here that is just

784

00:29:00,870 --> 00:28:59,039

really compelling and it is

785

00:29:02,710 --> 00:29:00,880

centered around this woman named karen

786

00:29:04,950 --> 00:29:02,720

tell us the story

787

00:29:07,990 --> 00:29:04,960

okay thank you karen is the

788

00:29:10,070 --> 00:29:08,000

daughter-in-law of my mother's

789

00:29:11,269 --> 00:29:10,080

bridge partner and friend ethel

790

00:29:12,950 --> 00:29:11,279

now remember ethel is the one that does

791

00:29:15,750 --> 00:29:12,960

the automatic writing

792

00:29:17,430 --> 00:29:15,760

karen is her estranged daughter-in-law

793

00:29:20,549 --> 00:29:17,440

they're not on good terms

794

00:29:23,269 --> 00:29:20,559

the automatic writing you might want to

795

00:29:24,950 --> 00:29:23,279

just touch on that a little bit because

796

00:29:28,070 --> 00:29:24,960

it's become quite

797

00:29:30,870 --> 00:29:28,080

a divisive just incredibly painful thing

798

00:29:33,110 --> 00:29:30,880

in their current family life

799

00:29:34,870 --> 00:29:33,120

so what happened was

800

00:29:36,549 --> 00:29:34,880

by the way i found karen through ethel's

801

00:29:38,470 --> 00:29:36,559

book ethel wrote a book about her

802

00:29:41,110 --> 00:29:38,480

experience called

803

00:29:42,710 --> 00:29:41,120

um messages from my message from heaven

804

00:29:44,630 --> 00:29:42,720

thoughts from heaven

805

00:29:47,750 --> 00:29:44,640

but it's really just a transcript

806

00:29:50,070 --> 00:29:47,760

it's a transcript of her day her days

807

00:29:51,590 --> 00:29:50,080

with her husband after they reunited for

808

00:29:53,430 --> 00:29:51,600

the first time after

809

00:29:56,789 --> 00:29:53,440

12 years or so

810

00:29:58,149 --> 00:29:56,799

so um it's okay so karen

811

00:30:01,350 --> 00:29:58,159

uh

812

00:30:02,710 --> 00:30:01,360

i i met karen and her two two daughters

813

00:30:03,830 --> 00:30:02,720

and i just wanted to have just an

814

00:30:05,190 --> 00:30:03,840

interview that's the only thing i was

815

00:30:06,310 --> 00:30:05,200

asking for because i asked ethel when i

816

00:30:07,990 --> 00:30:06,320

was interviewing her if i should

817

00:30:10,230 --> 00:30:08,000

interview karen as well because she's in

818

00:30:12,950 --> 00:30:10,240

the book and my heart instantly goes out

819

00:30:15,909 --> 00:30:12,960

to karen and her children because they

820

00:30:18,630 --> 00:30:15,919

lost the patriarch of the family kevin

821

00:30:20,070 --> 00:30:18,640

her husband was in his early 40s when he

822

00:30:21,590 --> 00:30:20,080

died of a massive heart attack on a

823

00:30:24,070 --> 00:30:21,600

racquetball court

824

00:30:25,669 --> 00:30:24,080

so here's this young family

825

00:30:27,510 --> 00:30:25,679

and

826

00:30:29,190 --> 00:30:27,520

it was hard not to

827

00:30:31,750 --> 00:30:29,200

not to think about them

828

00:30:33,510 --> 00:30:31,760

throughout ethel's book so i i happen to

829

00:30:35,669 --> 00:30:33,520

live fairly close to where karen lives

830

00:30:36,789 --> 00:30:35,679

in connecticut so i had an interview

831

00:30:40,549 --> 00:30:36,799

with them

832

00:30:43,269 --> 00:30:40,559

and her and her children were very um

833

00:30:45,430 --> 00:30:43,279

very good interviews they just were very

834

00:30:47,669 --> 00:30:45,440

very grounded and they just very

835

00:30:50,389 --> 00:30:47,679

sensible but there was obviously there's

836

00:30:52,870 --> 00:30:50,399

some tension with the grandmother ethel

837

00:30:54,070 --> 00:30:52,880

there's this huge tension these you know

838

00:30:57,110 --> 00:30:54,080

you just

839

00:30:59,990 --> 00:30:57,120

what the film does and in a way that's

840

00:31:02,230 --> 00:31:00,000

completely unique because it has this

841

00:31:04,310 --> 00:31:02,240

scientific angle and this after death

842

00:31:05,269 --> 00:31:04,320

communication angle and the spiritual

843

00:31:07,350 --> 00:31:05,279

angle

844

00:31:10,549 --> 00:31:07,360

but you get this

845

00:31:13,269 --> 00:31:10,559

very intimate look at how grief affects

846

00:31:16,549 --> 00:31:13,279

an entire family and i gotta say one of

847

00:31:18,630 --> 00:31:16,559

the things that was rewarding for me is

848

00:31:21,110 --> 00:31:18,640

i identified with karen in a really

849

00:31:23,269 --> 00:31:21,120

negative way early on in the film i was

850

00:31:25,830 --> 00:31:23,279

like you're totally screwing over these

851
00:31:28,950 --> 00:31:25,840
kids in that they're not allowed to

852
00:31:31,430 --> 00:31:28,960
grieve they're not allowed to heal

853
00:31:33,269 --> 00:31:31,440
you're blocking that and then you're

854
00:31:35,029 --> 00:31:33,279
further blocking their relationship with

855
00:31:37,190 --> 00:31:35,039
their grandmother you're just directly

856
00:31:40,149 --> 00:31:37,200
saying that saying no we can't go visit

857
00:31:43,269 --> 00:31:40,159
grandma because she has does automatic

858
00:31:45,509 --> 00:31:43,279
writing with the deceased and she can't

859
00:31:46,870 --> 00:31:45,519
come visit us now the wonderful thing

860
00:31:48,950 --> 00:31:46,880
about the film

861
00:31:50,230 --> 00:31:48,960
is the story arc is

862
00:31:51,750 --> 00:31:50,240
when you see

863
00:31:53,110 --> 00:31:51,760

karen's healing

864

00:31:55,269 --> 00:31:53,120

in this film

865

00:31:58,630 --> 00:31:55,279

it's a wonderful thing it's uplifting

866

00:32:02,789 --> 00:32:00,789

yeah uh i i would say that i don't want

867

00:32:04,870 --> 00:32:02,799

to i don't want to get too too far on

868

00:32:06,870 --> 00:32:04,880

that train no no no you don't you don't

869

00:32:09,430 --> 00:32:06,880

have that's my comment that's as a

870

00:32:12,710 --> 00:32:09,440

viewer i wouldn't expect you to to have

871

00:32:15,029 --> 00:32:12,720

anything to say she's a she's an awesome

872

00:32:17,830 --> 00:32:15,039

person you know and for her to

873

00:32:21,190 --> 00:32:17,840

for her to expose herself so

874

00:32:23,269 --> 00:32:21,200

openly in the film is is a gift a gift

875

00:32:25,350 --> 00:32:23,279

to everyone so the fact that that's

876

00:32:27,029 --> 00:32:25,360

about me i'm going through that those

877

00:32:29,190 --> 00:32:27,039

are my kind of things that doesn't have

878

00:32:31,669 --> 00:32:29,200

anything to do with this this woman and

879

00:32:33,830 --> 00:32:31,679

her kids they're awesome but i think we

880

00:32:36,470 --> 00:32:33,840

got to talk about this stuff too because

881

00:32:39,509 --> 00:32:36,480

otherwise it all just becomes this

882

00:32:41,669 --> 00:32:39,519

kind of trope about grief and oh you

883

00:32:42,950 --> 00:32:41,679

know we have to receive you know fine

884

00:32:44,310 --> 00:32:42,960

whatever you're going through other

885

00:32:46,230 --> 00:32:44,320

people are going through different stuff

886

00:32:47,590 --> 00:32:46,240

everyone's on their own thing no no

887

00:32:50,630 --> 00:32:47,600

judgment but just

888

00:32:52,789 --> 00:32:50,640

what are we dealing with here

889

00:32:54,710 --> 00:32:52,799

you know i had to tell you that karen

890

00:32:56,310 --> 00:32:54,720

did not want to do the film she was not

891

00:32:58,710 --> 00:32:56,320

interested she was willing to do an

892

00:33:00,149 --> 00:32:58,720

interview and she told me that off

893

00:33:01,509 --> 00:33:00,159

camera she told me that she was willing

894

00:33:03,669 --> 00:33:01,519

to do it only because she wanted to show

895

00:33:05,350 --> 00:33:03,679

her children that it's okay to step

896

00:33:06,310 --> 00:33:05,360

outside your comfort zone every once in

897

00:33:07,909 --> 00:33:06,320

a while

898

00:33:09,509 --> 00:33:07,919

and now i would just get back to your

899

00:33:10,389 --> 00:33:09,519

question i kind of lost it did give it

900

00:33:12,470 --> 00:33:10,399

to me again

901
00:33:15,990 --> 00:33:12,480
well i think what we were chatting about

902
00:33:17,990 --> 00:33:16,000
was the technology of after death

903
00:33:19,909 --> 00:33:18,000
communication and i would include in

904
00:33:21,350 --> 00:33:19,919
that technology and you might want to

905
00:33:24,389 --> 00:33:21,360
speak to this

906
00:33:26,230 --> 00:33:24,399
the therapy they've done at university

907
00:33:28,310 --> 00:33:26,240
of north texas jan holden and her

908
00:33:30,190 --> 00:33:28,320
colleagues which you know anyone who

909
00:33:33,190 --> 00:33:30,200
knows jan holland she has done

910
00:33:35,350 --> 00:33:33,200
extraordinary work in this field for a

911
00:33:37,909 --> 00:33:35,360
long period of time and when i say this

912
00:33:40,070 --> 00:33:37,919
field it's not just in after death

913
00:33:43,509 --> 00:33:40,080

communication but in near-death

914

00:33:46,870 --> 00:33:43,519

experience research in consciousness

915

00:33:48,470 --> 00:33:46,880

research in parapsychology research

916

00:33:51,350 --> 00:33:48,480

jan is

917

00:33:52,710 --> 00:33:51,360

top notch and has done unbelievable work

918

00:33:55,029 --> 00:33:52,720

in this field

919

00:33:56,710 --> 00:33:55,039

but what they did which is really

920

00:33:58,070 --> 00:33:56,720

interesting and you might want to speak

921

00:34:01,789 --> 00:33:58,080

to it

922

00:34:04,470 --> 00:34:01,799

is they took a therapy that has been

923

00:34:07,029 --> 00:34:04,480

controversial but you just can't deny

924

00:34:08,710 --> 00:34:07,039

that it works and that is this tapping

925

00:34:09,829 --> 00:34:08,720

thing that now a lot of people have

926
00:34:12,310 --> 00:34:09,839
heard about

927
00:34:13,589 --> 00:34:12,320
where like soldiers will come back with

928
00:34:15,030 --> 00:34:13,599
ptsd

929
00:34:17,430 --> 00:34:15,040
and their

930
00:34:20,629 --> 00:34:17,440
as a way of overcoming or dealing with

931
00:34:24,389 --> 00:34:20,639
the p ptsd they re-experience the

932
00:34:27,030 --> 00:34:24,399
memories while a therapist does this

933
00:34:30,230 --> 00:34:27,040
tapping is all you can say that's what

934
00:34:31,510 --> 00:34:30,240
it is this bilateral stimulation on

935
00:34:33,750 --> 00:34:31,520
their hands

936
00:34:36,629 --> 00:34:33,760
while they're recalling things and it

937
00:34:38,710 --> 00:34:36,639
allows them to access these memories and

938
00:34:40,389 --> 00:34:38,720

process these memories in a different

939

00:34:42,470 --> 00:34:40,399

way at least

940

00:34:44,710 --> 00:34:42,480

we don't know if any of that's true we

941

00:34:48,389 --> 00:34:44,720

just know that they experience a healing

942

00:34:51,030 --> 00:34:48,399

from their ptsd the genius part for jan

943

00:34:52,950 --> 00:34:51,040

and her group is to say well gee if it

944

00:34:55,030 --> 00:34:52,960

works for that trauma

945

00:34:57,510 --> 00:34:55,040

maybe it can work for these people who

946

00:34:59,750 --> 00:34:57,520

are experiencing chronic grief grief

947

00:35:02,390 --> 00:34:59,760

that just goes on and on and on for

948

00:35:04,390 --> 00:35:02,400

years and is extremely debilitating

949

00:35:07,270 --> 00:35:04,400

for these people the important thing is

950

00:35:08,550 --> 00:35:07,280

what what jan did was she said okay

951
00:35:09,990 --> 00:35:08,560

let's compare

952
00:35:12,710 --> 00:35:10,000

al botkin is the one who made the

953
00:35:15,349 --> 00:35:12,720

discovery that this emdr therapy that

954
00:35:18,069 --> 00:35:15,359

was used for the vietnam vets when he

955
00:35:21,030 --> 00:35:18,079

was working in chicago vet hospital

956
00:35:22,950 --> 00:35:21,040

that could work for grief because by

957
00:35:25,190 --> 00:35:22,960

accident he discovered that one of his

958
00:35:28,069 --> 00:35:25,200

one of his clients or patients where he

959
00:35:29,910 --> 00:35:28,079

was administering this emdr therapy

960
00:35:31,109 --> 00:35:29,920

they had an adc and after death

961
00:35:32,069 --> 00:35:31,119

communication

962
00:35:34,950 --> 00:35:32,079

so

963
00:35:36,950 --> 00:35:34,960

he he just modified it just

964

00:35:40,069 --> 00:35:36,960

it was just incidental he modified the

965

00:35:41,910 --> 00:35:40,079

emdr just enough for this person to have

966

00:35:43,829 --> 00:35:41,920

an accurate death communication and then

967

00:35:45,750 --> 00:35:43,839

he wrote a book called induced after

968

00:35:49,349 --> 00:35:45,760

death communication therapy

969

00:35:51,990 --> 00:35:49,359

and that's what led to where we are now

970

00:35:53,829 --> 00:35:52,000

but he's the one that discovered it what

971

00:35:57,270 --> 00:35:53,839

jan holden did was he she said okay

972

00:35:58,870 --> 00:35:57,280

let's compare let's compare this iadc

973

00:36:00,950 --> 00:35:58,880

therapy to

974

00:36:02,390 --> 00:36:00,960

traditional grief counseling and see

975

00:36:04,470 --> 00:36:02,400

what works better

976

00:36:06,470 --> 00:36:04,480

it wasn't really a fair contest actually

977

00:36:08,150 --> 00:36:06,480

because nobody gets better from grief

978

00:36:09,270 --> 00:36:08,160

counseling it turns out it just doesn't

979

00:36:09,990 --> 00:36:09,280

work

980

00:36:12,950 --> 00:36:10,000

but

981

00:36:15,030 --> 00:36:12,960

with this iedc therapy and

982

00:36:16,470 --> 00:36:15,040

jan has the numbers she's published

983

00:36:19,430 --> 00:36:16,480

she's going to be publishing this

984

00:36:21,030 --> 00:36:19,440

article i believe it's already published

985

00:36:22,710 --> 00:36:21,040

in a peer-reviewed journal but it's not

986

00:36:24,550 --> 00:36:22,720

out yet so she can't really discuss the

987

00:36:25,270 --> 00:36:24,560

numbers exactly

988

00:36:27,190 --> 00:36:25,280

but

989

00:36:27,910 --> 00:36:27,200

it's safe to say that

990

00:36:33,589 --> 00:36:27,920

the

991

00:36:35,910 --> 00:36:33,599

where you're you're basically

992

00:36:38,310 --> 00:36:35,920

reintroducing the deceased back into the

993

00:36:40,790 --> 00:36:38,320

survivor's life the success rate is

994

00:36:43,109 --> 00:36:40,800

close to around seven to eighty percent

995

00:36:45,589 --> 00:36:43,119

that's mind-blowing compared to any

996

00:36:46,710 --> 00:36:45,599

therapy that's ridiculous

997

00:36:49,109 --> 00:36:46,720

so

998

00:36:50,069 --> 00:36:49,119

it's very successful therapy

999

00:36:51,589 --> 00:36:50,079

and

1000

00:36:53,829 --> 00:36:51,599

what i'm hoping this movie will do

1001
00:36:56,390 --> 00:36:53,839
basically is basically is just introduce

1002
00:36:58,630 --> 00:36:56,400
people to the idea that not only this

1003
00:36:59,670 --> 00:36:58,640
therapy but any therapy that has to do

1004
00:37:02,069 --> 00:36:59,680
with

1005
00:37:03,750 --> 00:37:02,079
the continuing bonds theory which julie

1006
00:37:06,069 --> 00:37:03,760
bishop talks about a lot in your show

1007
00:37:08,390 --> 00:37:06,079
the continuing bonds theory

1008
00:37:11,990 --> 00:37:08,400
of getting through bereavement

1009
00:37:14,550 --> 00:37:12,000
so talk about continuing bonds and talk

1010
00:37:17,349 --> 00:37:14,560
about the paradigm shift

1011
00:37:20,069 --> 00:37:17,359
that that represents in terms of how

1012
00:37:21,589 --> 00:37:20,079
psychology has handled grief

1013
00:37:25,990 --> 00:37:21,599

through the i don't want to say through

1014

00:37:27,030 --> 00:37:26,000

the ages but for the last 50 75 years

1015

00:37:28,870 --> 00:37:27,040

let me go back a little bit further

1016

00:37:29,990 --> 00:37:28,880

let's go back to the civil war

1017

00:37:32,710 --> 00:37:30,000

when

1018

00:37:35,990 --> 00:37:32,720

620 000 people americans lost their

1019

00:37:37,670 --> 00:37:36,000

lives right a brother a father a son

1020

00:37:40,310 --> 00:37:37,680

gone right

1021

00:37:41,190 --> 00:37:40,320

almost every family in the country has

1022

00:37:42,150 --> 00:37:41,200

lost

1023

00:37:43,829 --> 00:37:42,160

a male

1024

00:37:46,150 --> 00:37:43,839

during those times

1025

00:37:47,670 --> 00:37:46,160

and it was almost necessary for people

1026

00:37:50,470 --> 00:37:47,680

to get involved in spiritualism i think

1027

00:37:52,870 --> 00:37:50,480

half the country was doing it uh mary

1028

00:37:54,630 --> 00:37:52,880

todd in the lincoln white house was

1029

00:37:57,190 --> 00:37:54,640

conducting sciences

1030

00:37:58,870 --> 00:37:57,200

so it was very much in vogue

1031

00:38:01,109 --> 00:37:58,880

because people kind of felt like i had

1032

00:38:01,910 --> 00:38:01,119

no choice

1033

00:38:04,870 --> 00:38:01,920

then

1034

00:38:08,390 --> 00:38:04,880

i think around the turn of the century

1035

00:38:10,150 --> 00:38:08,400

psychology became the thing right

1036

00:38:11,589 --> 00:38:10,160

and

1037

00:38:13,589 --> 00:38:11,599

there was

1038

00:38:15,349 --> 00:38:13,599

psychology said well we're going to be

1039

00:38:17,829 --> 00:38:15,359

the authority on human thought from now

1040

00:38:18,870 --> 00:38:17,839

on and spiritualism doesn't really fit

1041

00:38:21,270 --> 00:38:18,880

into that

1042

00:38:22,550 --> 00:38:21,280

so there was a kind of suppression going

1043

00:38:24,710 --> 00:38:22,560

on

1044

00:38:26,310 --> 00:38:24,720

and i think david hufford said it best

1045

00:38:27,589 --> 00:38:26,320

in my interviews i pulled up his quote

1046

00:38:29,990 --> 00:38:27,599

when i was talking to him he said

1047

00:38:33,109 --> 00:38:30,000

something about just put up here

1048

00:38:34,790 --> 00:38:33,119

he said suppression of the prevalence of

1049

00:38:35,990 --> 00:38:34,800

these kinds of experiences which he's

1050

00:38:38,630 --> 00:38:36,000

talking about

1051
00:38:40,310 --> 00:38:38,640
spirit experiences

1052
00:38:42,630 --> 00:38:40,320
suppression of the prevalence of these

1053
00:38:45,829 --> 00:38:42,640
kinds of experiences is a necessary step

1054
00:38:47,430 --> 00:38:45,839
towards marginalizing them

1055
00:38:48,790 --> 00:38:47,440
which is true which is basically what's

1056
00:38:51,109 --> 00:38:48,800
happened

1057
00:38:52,710 --> 00:38:51,119
from the turn of the century

1058
00:38:54,870 --> 00:38:52,720
i'm talking about turn to the 20th

1059
00:38:56,950 --> 00:38:54,880
century until now

1060
00:38:59,430 --> 00:38:56,960
again i feel like you did a really good

1061
00:39:00,950 --> 00:38:59,440
job of this in the film

1062
00:39:02,230 --> 00:39:00,960
in that pointing out that this is a

1063
00:39:04,470 --> 00:39:02,240

misstep

1064

00:39:07,910 --> 00:39:04,480

this is an incorrect

1065

00:39:10,630 --> 00:39:07,920

hypothesis and the hypothesis is that

1066

00:39:11,510 --> 00:39:10,640

the best way for people to overcome

1067

00:39:14,230 --> 00:39:11,520

grief

1068

00:39:16,550 --> 00:39:14,240

is to distance themselves from the

1069

00:39:19,750 --> 00:39:16,560

memories from the connections from the

1070

00:39:22,310 --> 00:39:19,760

bonds they have with the deceased right

1071

00:39:23,990 --> 00:39:22,320

that turns out to be as you mentioned

1072

00:39:26,870 --> 00:39:24,000

through the research that we have like

1073

00:39:28,390 --> 00:39:26,880

dr julie bishop and many others is

1074

00:39:30,470 --> 00:39:28,400

that's completely wrong

1075

00:39:32,950 --> 00:39:30,480

and what you need to do is the opposite

1076
00:39:35,430 --> 00:39:32,960
of that now we can get back to whose

1077
00:39:38,630 --> 00:39:35,440
responsibility it is wouldn't we all be

1078
00:39:42,230 --> 00:39:38,640
a lot better off if science particularly

1079
00:39:45,349 --> 00:39:42,240
in this case psychology and psychiatry

1080
00:39:47,750 --> 00:39:45,359
could own up to their mistake and say uh

1081
00:39:49,190 --> 00:39:47,760
oh sorry which we could all forgive

1082
00:39:51,910 --> 00:39:49,200
because things change but they don't

1083
00:39:57,030 --> 00:39:51,920
they continue down trying to prop that

1084
00:39:59,589 --> 00:39:57,040
up so the the continuing bonds theory

1085
00:40:02,390 --> 00:39:59,599
is that from a cross-cultural and

1086
00:40:05,030 --> 00:40:02,400
cross-time point it's just so smacky in

1087
00:40:06,790 --> 00:40:05,040
the head obvious that it's almost like

1088
00:40:08,309 --> 00:40:06,800

drives me nuts like going the part that

1089

00:40:09,750 --> 00:40:08,319

we're turning we're talking about

1090

00:40:11,510 --> 00:40:09,760

currently i mean if you don't think this

1091

00:40:14,390 --> 00:40:11,520

is some kind of

1092

00:40:17,030 --> 00:40:14,400

systematic effort to separate you from

1093

00:40:19,030 --> 00:40:17,040

your divine nature from your expanded

1094

00:40:21,030 --> 00:40:19,040

extended self well then you're just not

1095

00:40:23,109 --> 00:40:21,040

paying attention because what they've

1096

00:40:26,470 --> 00:40:23,119

done here is say

1097

00:40:28,950 --> 00:40:26,480

you look at cross culture cross time

1098

00:40:31,109 --> 00:40:28,960

you know you have a shrine in your house

1099

00:40:32,710 --> 00:40:31,119

for the for the deceased right you have

1100

00:40:34,790 --> 00:40:32,720

a picture of your father your

1101

00:40:36,309 --> 00:40:34,800

grandfather your grandmother you maybe

1102

00:40:39,190 --> 00:40:36,319

even go over and you look at it i have

1103

00:40:41,030 --> 00:40:39,200

such an altar in my house most i was a

1104

00:40:43,510 --> 00:40:41,040

crazed greek greek orthodox i'm not

1105

00:40:46,069 --> 00:40:43,520

religious anymore but that's a good idea

1106

00:40:49,030 --> 00:40:46,079

you go over to uh someone who's raised

1107

00:40:51,990 --> 00:40:49,040

in an eastern chinese

1108

00:40:53,990 --> 00:40:52,000

japanese of course there's you know that

1109

00:40:56,309 --> 00:40:54,000

so this is a tibetan i mean of course

1110

00:40:58,390 --> 00:40:56,319

this is how it's always done so the fact

1111

00:41:00,069 --> 00:40:58,400

that we've kind of thought that

1112

00:41:02,150 --> 00:41:00,079

you know this completely we should go

1113

00:41:03,270 --> 00:41:02,160

completely the opposite way and remove

1114

00:41:05,510 --> 00:41:03,280

any bonds

1115

00:41:07,270 --> 00:41:05,520

are we or should we now act like oh mush

1116

00:41:10,390 --> 00:41:07,280

we're surprised you know what that

1117

00:41:11,990 --> 00:41:10,400

doesn't seem to work at all gosh darn it

1118

00:41:13,750 --> 00:41:12,000

i talked to julie beischel about this

1119

00:41:16,230 --> 00:41:13,760

topic i met her through your show by the

1120

00:41:17,589 --> 00:41:16,240

way thank you we were talking about how

1121

00:41:19,349 --> 00:41:17,599

and this is years ago this happened this

1122

00:41:20,870 --> 00:41:19,359

conversation happened but

1123

00:41:23,349 --> 00:41:20,880

in the continuing bonds they talk a

1124

00:41:24,790 --> 00:41:23,359

little bit about freud and freud had

1125

00:41:27,349 --> 00:41:24,800

this idea

1126

00:41:29,109 --> 00:41:27,359

that he put into this i guess a paper

1127

00:41:31,670 --> 00:41:29,119

called morning and melancholia where was

1128

00:41:33,829 --> 00:41:31,680

supposed to sever ties with the deceased

1129

00:41:36,150 --> 00:41:33,839

that's actually not what he said that's

1130

00:41:38,150 --> 00:41:36,160

a misreading of what freud said but

1131

00:41:40,390 --> 00:41:38,160

that's in a way irrelevant the fact is

1132

00:41:43,750 --> 00:41:40,400

that people came away from that paper

1133

00:41:45,990 --> 00:41:43,760

thinking okay freud the big hanchu says

1134

00:41:48,150 --> 00:41:46,000

okay we're not supposed to think about

1135

00:41:49,349 --> 00:41:48,160

our deceased we have to just move on

1136

00:41:51,430 --> 00:41:49,359

forget them

1137

00:41:53,589 --> 00:41:51,440

and what continuing bonds did with that

1138

00:41:54,710 --> 00:41:53,599

research did led by a man named a

1139

00:41:57,910 --> 00:41:54,720

professor

1140

00:42:00,230 --> 00:41:57,920

dennis class

1141

00:42:02,950 --> 00:42:00,240

and his colleagues found that our

1142

00:42:05,430 --> 00:42:02,960

nervous systems simply work better

1143

00:42:07,670 --> 00:42:05,440

when we maintain some kind of a bond

1144

00:42:10,069 --> 00:42:07,680

with the deceased it doesn't have to be

1145

00:42:12,790 --> 00:42:10,079

communication with them but we have to

1146

00:42:15,670 --> 00:42:12,800

take our our loved ones with us

1147

00:42:18,230 --> 00:42:15,680

it's it's necessary and one of the iadc

1148

00:42:20,470 --> 00:42:18,240

therapists that's in the film uh graham

1149

00:42:21,910 --> 00:42:20,480

maxie who's karen's therapist in the

1150

00:42:23,270 --> 00:42:21,920

film

1151
00:42:25,030 --> 00:42:23,280
he talked a little bit off camera he

1152
00:42:28,150 --> 00:42:25,040
talked a little bit about

1153
00:42:31,109 --> 00:42:28,160
toy story 2. did you see that movie alex

1154
00:42:32,710 --> 00:42:31,119
there's a part where one of the dolls i

1155
00:42:33,589 --> 00:42:32,720
think it's the cowboy

1156
00:42:35,750 --> 00:42:33,599
toy

1157
00:42:37,910 --> 00:42:35,760
is put into a recycling bin

1158
00:42:39,670 --> 00:42:37,920
the child was done with the toy and it's

1159
00:42:41,109 --> 00:42:39,680
one of the most heartbreaking scenes in

1160
00:42:43,589 --> 00:42:41,119
the film

1161
00:42:45,910 --> 00:42:43,599
because i i guess graham likes to use

1162
00:42:47,430 --> 00:42:45,920
his example because we're not supposed

1163
00:42:49,349 --> 00:42:47,440

to do that with people we're not

1164

00:42:51,910 --> 00:42:49,359

supposed to just put them in a box and

1165

00:42:53,910 --> 00:42:51,920

say okay they're there now it's time for

1166

00:42:56,230 --> 00:42:53,920

me to kind of move on with my life we're

1167

00:42:57,349 --> 00:42:56,240

not built like that we're social social

1168

00:42:59,430 --> 00:42:57,359

creatures

1169

00:43:01,510 --> 00:42:59,440

and our loved ones

1170

00:43:04,470 --> 00:43:01,520

mean a lot to us we're not supposed to

1171

00:43:06,309 --> 00:43:04,480

just plant them and say bye bye

1172

00:43:08,550 --> 00:43:06,319

we have to take them with us for our own

1173

00:43:10,550 --> 00:43:08,560

mental health for our sanity

1174

00:43:12,790 --> 00:43:10,560

we have to take them with us in some

1175

00:43:13,750 --> 00:43:12,800

regard it doesn't matter how you're

1176

00:43:16,309 --> 00:43:13,760

doing it

1177

00:43:19,829 --> 00:43:16,319

to each his own but do it take them with

1178

00:43:20,790 --> 00:43:19,839

you i i hear you and that's awesome and

1179

00:43:22,390 --> 00:43:20,800

again

1180

00:43:23,430 --> 00:43:22,400

well done and well done in the film

1181

00:43:25,510 --> 00:43:23,440

where you show

1182

00:43:26,470 --> 00:43:25,520

different cultures who just are looking

1183

00:43:29,430 --> 00:43:26,480

through

1184

00:43:31,349 --> 00:43:29,440

photo albums of their loved ones i think

1185

00:43:33,910 --> 00:43:31,359

that what your film kind of helps us do

1186

00:43:35,990 --> 00:43:33,920

again is understand the grief process in

1187

00:43:37,270 --> 00:43:36,000

maybe a way that some of us don't

1188

00:43:39,990 --> 00:43:37,280

because that would seem to be a very

1189

00:43:42,150 --> 00:43:40,000

ordinary thing for most of us that oh

1190

00:43:44,390 --> 00:43:42,160

you know let's remember grandpa oh get

1191

00:43:46,470 --> 00:43:44,400

down the pictures and we can actually

1192

00:43:48,550 --> 00:43:46,480

laugh a little bit and cry a little bit

1193

00:43:49,589 --> 00:43:48,560

and re-experience some wonderful

1194

00:43:52,470 --> 00:43:49,599

memories

1195

00:43:54,470 --> 00:43:52,480

but as your film points out

1196

00:43:56,710 --> 00:43:54,480

people who are suffering

1197

00:43:59,349 --> 00:43:56,720

chronic grief a lot of times

1198

00:44:01,109 --> 00:43:59,359

they're not able to do that so maybe

1199

00:44:02,870 --> 00:44:01,119

share with people a little bit about

1200

00:44:05,349 --> 00:44:02,880

what you learned both through your

1201
00:44:06,309 --> 00:44:05,359
personal experience and your family but

1202
00:44:08,630 --> 00:44:06,319
also

1203
00:44:11,190 --> 00:44:08,640
as working with these clinicians about

1204
00:44:12,230 --> 00:44:11,200
how devastating grief can really be for

1205
00:44:13,829 --> 00:44:12,240
people

1206
00:44:15,990 --> 00:44:13,839
yeah thank you alex there's there's

1207
00:44:18,790 --> 00:44:16,000
something i learned that was surprising

1208
00:44:21,109 --> 00:44:18,800
but it makes sense that grief and of

1209
00:44:24,390 --> 00:44:21,119
itself is a kind of trauma very often

1210
00:44:26,710 --> 00:44:24,400
especially i'm talking about the kind of

1211
00:44:27,589 --> 00:44:26,720
sudden death or abrupt death

1212
00:44:30,150 --> 00:44:27,599
that

1213
00:44:31,510 --> 00:44:30,160

feels like a trauma and the trauma gets

1214

00:44:32,390 --> 00:44:31,520

infused

1215

00:44:34,630 --> 00:44:32,400

with

1216

00:44:36,790 --> 00:44:34,640

the morning and you have something new

1217

00:44:38,230 --> 00:44:36,800

you have something that's tantamount to

1218

00:44:40,390 --> 00:44:38,240

a disorder

1219

00:44:42,150 --> 00:44:40,400

and something called complicated grief

1220

00:44:44,870 --> 00:44:42,160

which i believe is suffered by about 20

1221

00:44:47,109 --> 00:44:44,880

to 30 percent of all bereaved especially

1222

00:44:49,670 --> 00:44:47,119

with co like think about coven how many

1223

00:44:50,870 --> 00:44:49,680

people lost someone suddenly in the last

1224

00:44:52,790 --> 00:44:50,880

few years

1225

00:44:54,870 --> 00:44:52,800

even if it wasn't like an accident like

1226
00:44:57,750 --> 00:44:54,880
it was an instant they sometimes would

1227
00:45:00,309 --> 00:44:57,760
lose their husband or child

1228
00:45:02,550 --> 00:45:00,319
or grandparent within days of them

1229
00:45:05,030 --> 00:45:02,560
contracting this thing so that's pretty

1230
00:45:07,349 --> 00:45:05,040
abrupt and that's traumatizing to a

1231
00:45:10,550 --> 00:45:07,359
family member very often

1232
00:45:13,030 --> 00:45:10,560
that sudden loss the sudden of us

1233
00:45:15,030 --> 00:45:13,040
suddenness of it

1234
00:45:17,589 --> 00:45:15,040
is

1235
00:45:19,109 --> 00:45:17,599
traumatizing to a level that you develop

1236
00:45:20,950 --> 00:45:19,119
these kind of disorders i'm talking

1237
00:45:22,470 --> 00:45:20,960
about and it needs

1238
00:45:23,589 --> 00:45:22,480

some kind of intervention in order to

1239

00:45:24,870 --> 00:45:23,599

get through it

1240

00:45:27,430 --> 00:45:24,880

so

1241

00:45:29,349 --> 00:45:27,440

i kind of spent a lot of time on iadc

1242

00:45:30,950 --> 00:45:29,359

therapy to get through it

1243

00:45:34,309 --> 00:45:30,960

of course there are other ways to get

1244

00:45:35,510 --> 00:45:34,319

through it doesn't have to be iadc but

1245

00:45:37,990 --> 00:45:35,520

you definitely

1246

00:45:39,349 --> 00:45:38,000

in certain situations uh

1247

00:45:41,750 --> 00:45:39,359

it's necessary and there's one thing

1248

00:45:43,829 --> 00:45:41,760

that grant maxey said in the film that

1249

00:45:46,069 --> 00:45:43,839

is one of my favorite quotes he said

1250

00:45:47,510 --> 00:45:46,079

that there's this very odd thing that

1251

00:45:49,430 --> 00:45:47,520

people say

1252

00:45:51,829 --> 00:45:49,440

it's everybody gets through grief in

1253

00:45:53,589 --> 00:45:51,839

their own way

1254

00:45:55,109 --> 00:45:53,599

but does that mean that we shouldn't try

1255

00:45:56,870 --> 00:45:55,119

to find something that works for the

1256

00:46:00,550 --> 00:45:56,880

majority of people

1257

00:46:02,470 --> 00:46:00,560

and he he was talking about iadc but it

1258

00:46:03,670 --> 00:46:02,480

could be something else in five years it

1259

00:46:05,430 --> 00:46:03,680

might be something completely different

1260

00:46:07,750 --> 00:46:05,440

that helps people get through it the

1261

00:46:09,829 --> 00:46:07,760

fact is that

1262

00:46:11,910 --> 00:46:09,839

yeah yes it's true that people get

1263

00:46:13,910 --> 00:46:11,920

through their own way but there is

1264

00:46:15,510 --> 00:46:13,920

something that can work for most people

1265

00:46:17,589 --> 00:46:15,520

and it seems that the continuing bonds

1266

00:46:19,670 --> 00:46:17,599

thing will work for most people and

1267

00:46:21,829 --> 00:46:19,680

getting through some of these

1268

00:46:24,069 --> 00:46:21,839

more difficult disorders

1269

00:46:27,910 --> 00:46:24,079

i think we should talk just for a minute

1270

00:46:30,309 --> 00:46:27,920

about this iadc because you throw it in

1271

00:46:32,630 --> 00:46:30,319

an acronym and then you kind of wrap a

1272

00:46:35,190 --> 00:46:32,640

little science around it you say it's

1273

00:46:37,270 --> 00:46:35,200

gonna come out in a peer review paper

1274

00:46:39,030 --> 00:46:37,280

which is good it's playing the game in a

1275

00:46:41,670 --> 00:46:39,040

way that i think we have to play the

1276
00:46:42,790 --> 00:46:41,680
science game we are we are all benefited

1277
00:46:48,069 --> 00:46:42,800
from

1278
00:46:50,470 --> 00:46:48,079
science and all the rest of that so i'm

1279
00:46:52,470 --> 00:46:50,480
down with that for to a certain extent

1280
00:46:55,990 --> 00:46:52,480
but it also then becomes

1281
00:46:58,470 --> 00:46:56,000
can become a little bit of a a way to

1282
00:47:00,790 --> 00:46:58,480
avoid what we're really talking about

1283
00:47:03,829 --> 00:47:00,800
here because we are talking about

1284
00:47:05,750 --> 00:47:03,839
something that we do not understand we

1285
00:47:08,470 --> 00:47:05,760
do not understand after death

1286
00:47:10,390 --> 00:47:08,480
communication we don't understand

1287
00:47:12,630 --> 00:47:10,400
the time we don't understand what that

1288
00:47:14,309 --> 00:47:12,640

means in terms of your dead and then

1289

00:47:17,270 --> 00:47:14,319

you're between lives and then you're

1290

00:47:20,069 --> 00:47:17,280

after death and then your reincarnation

1291

00:47:23,349 --> 00:47:20,079

we don't understand any of that so

1292

00:47:25,109 --> 00:47:23,359

are are we at risk here in jumping to

1293

00:47:27,270 --> 00:47:25,119

the iadc

1294

00:47:29,750 --> 00:47:27,280

okay we just put a name on it

1295

00:47:31,510 --> 00:47:29,760

as kind of pretending maybe that we

1296

00:47:32,549 --> 00:47:31,520

understand it a little bit more than we

1297

00:47:34,309 --> 00:47:32,559

do

1298

00:47:35,589 --> 00:47:34,319

i'm not sure how to answer that question

1299

00:47:39,589 --> 00:47:35,599

because

1300

00:47:42,710 --> 00:47:39,599

the question presupposes that we have to

1301
00:47:43,990 --> 00:47:42,720
i mean we know that a band-aid will stop

1302
00:47:46,069 --> 00:47:44,000
the bleeding

1303
00:47:47,910 --> 00:47:46,079
we don't necessarily have to know

1304
00:47:49,670 --> 00:47:47,920
what the substance is

1305
00:47:52,470 --> 00:47:49,680
but we know why a band-aid stops the

1306
00:47:56,870 --> 00:47:52,480
bleeding that's exactly that is exactly

1307
00:47:58,230 --> 00:47:56,880
the point and you know further well it's

1308
00:48:00,870 --> 00:47:58,240
it's not a good one it's like the other

1309
00:48:03,190 --> 00:48:00,880
ones in the in this in the in the movie

1310
00:48:05,109 --> 00:48:03,200
like religion religion i'll jump right

1311
00:48:06,470 --> 00:48:05,119
in there and you know again i don't know

1312
00:48:09,030 --> 00:48:06,480
how you did it

1313
00:48:11,430 --> 00:48:09,040

but people got to watch the film because

1314

00:48:13,349 --> 00:48:11,440

and again you do this trick whether it's

1315

00:48:14,630 --> 00:48:13,359

inadvertent or not where what's the

1316

00:48:17,270 --> 00:48:14,640

trick

1317

00:48:19,829 --> 00:48:17,280

well i was going to say where the

1318

00:48:23,270 --> 00:48:19,839

religious

1319

00:48:25,030 --> 00:48:23,280

kind of lack of awareness kind of person

1320

00:48:26,549 --> 00:48:25,040

whether they be the rabbi or the

1321

00:48:29,109 --> 00:48:26,559

christian

1322

00:48:30,150 --> 00:48:29,119

catholic guy or i forget who else you

1323

00:48:32,069 --> 00:48:30,160

have in there

1324

00:48:36,069 --> 00:48:32,079

they're talking to

1325

00:48:38,870 --> 00:48:36,079

people who are experiencing it and they

1326

00:48:41,270 --> 00:48:38,880

look particularly foolish because when

1327

00:48:43,829 --> 00:48:41,280

they're debating in another way that we

1328

00:48:45,829 --> 00:48:43,839

usually see these people they can sound

1329

00:48:47,910 --> 00:48:45,839

i don't know somewhat credible but in

1330

00:48:50,230 --> 00:48:47,920

here they look absolutely ridiculous and

1331

00:48:52,309 --> 00:48:50,240

then you have an expert come on and say

1332

00:48:54,790 --> 00:48:52,319

geez how can a guy say

1333

00:48:57,750 --> 00:48:54,800

that these experiences that no one

1334

00:48:59,589 --> 00:48:57,760

should consider or explore or

1335

00:49:01,510 --> 00:48:59,599

participate these experiences when

1336

00:49:04,309 --> 00:49:01,520

they're all over their holy books it's

1337

00:49:05,990 --> 00:49:04,319

just up and down one after another it's

1338

00:49:08,390 --> 00:49:06,000

just complete

1339

00:49:10,950 --> 00:49:08,400

social engineering control it it doesn't

1340

00:49:13,349 --> 00:49:10,960

look like anything else so

1341

00:49:14,870 --> 00:49:13,359

this gets back to this question of i

1342

00:49:18,069 --> 00:49:14,880

don't know how else you do it because

1343

00:49:19,910 --> 00:49:18,079

science is so mired in this materialism

1344

00:49:22,309 --> 00:49:19,920

and we can wave our arms throughout all

1345

00:49:24,549 --> 00:49:22,319

the progress that's been made but it

1346

00:49:26,950 --> 00:49:24,559

really doesn't amount too much so to

1347

00:49:28,870 --> 00:49:26,960

play the science game we have to play

1348

00:49:30,630 --> 00:49:28,880

like we have invented something or

1349

00:49:32,230 --> 00:49:30,640

there's something real here that we know

1350

00:49:34,390 --> 00:49:32,240

about when

1351

00:49:35,990 --> 00:49:34,400

we don't and that's okay but really

1352

00:49:38,549 --> 00:49:36,000

botkin's answer is completely

1353

00:49:40,069 --> 00:49:38,559

unsatisfactory to say we don't need to

1354

00:49:42,549 --> 00:49:40,079

understand it we don't need to

1355

00:49:45,030 --> 00:49:42,559

understand the causes of it we just need

1356

00:49:48,470 --> 00:49:45,040

we just need to measure it as this makes

1357

00:49:50,870 --> 00:49:48,480

people feel a little bit better

1358

00:49:52,069 --> 00:49:50,880

there there's a part of that that's

1359

00:49:53,910 --> 00:49:52,079

okay

1360

00:49:56,069 --> 00:49:53,920

but there's a part of that that from a

1361

00:49:59,270 --> 00:49:56,079

scientific standpoint is just severely

1362

00:50:00,630 --> 00:49:59,280

lacking in terms of scientific curiosity

1363

00:50:02,390 --> 00:50:00,640

let me tell you why i like his answer i

1364

00:50:04,150 --> 00:50:02,400

like his answer because he's saying to

1365

00:50:07,990 --> 00:50:04,160

these people

1366

00:50:09,910 --> 00:50:08,000

who am i to impose my beliefs onto my

1367

00:50:11,750 --> 00:50:09,920

patient or client

1368

00:50:14,069 --> 00:50:11,760

everyone has their own experience with

1369

00:50:15,349 --> 00:50:14,079

iadc or whatever therapy that they're

1370

00:50:17,589 --> 00:50:15,359

doing

1371

00:50:19,190 --> 00:50:17,599

and there's definitely parallels between

1372

00:50:20,309 --> 00:50:19,200

the experiences we can measure them and

1373

00:50:21,990 --> 00:50:20,319

we can come up with some kind of

1374

00:50:24,230 --> 00:50:22,000

theoretical conclusion as to what these

1375

00:50:26,309 --> 00:50:24,240

experience mean and there are people who

1376

00:50:28,309 --> 00:50:26,319

are i'm sure doing that but from his

1377

00:50:30,390 --> 00:50:28,319

perspective he's a who's a health care

1378

00:50:32,150 --> 00:50:30,400

professional he just wants people to

1379

00:50:33,990 --> 00:50:32,160

have the experience and draw their own

1380

00:50:35,750 --> 00:50:34,000

conclusion

1381

00:50:36,549 --> 00:50:35,760

that's fair isn't it

1382

00:50:41,910 --> 00:50:36,559

it's

1383

00:50:43,990 --> 00:50:41,920

we would expect someone in that

1384

00:50:46,230 --> 00:50:44,000

situation i mean i think again if you go

1385

00:50:49,030 --> 00:50:46,240

to jan holden i think she does a better

1386

00:50:50,950 --> 00:50:49,040

job of saying okay like her book which

1387

00:50:52,870 --> 00:50:50,960

is a very important book handbook of

1388

00:50:55,589 --> 00:50:52,880

near-death experiences

1389

00:50:58,710 --> 00:50:55,599

and she prepared that along with bruce

1390

00:51:00,950 --> 00:50:58,720

grayson primarily targeted at healthcare

1391

00:51:03,109 --> 00:51:00,960

professionals who were

1392

00:51:05,030 --> 00:51:03,119

dealing with people who were

1393

00:51:06,230 --> 00:51:05,040

recovering from a near-death experience

1394

00:51:08,150 --> 00:51:06,240

you know they're in a cardiac arrest

1395

00:51:11,109 --> 00:51:08,160

ward and they wake up and didn't know

1396

00:51:13,750 --> 00:51:11,119

how to explain it so she was like look

1397

00:51:16,309 --> 00:51:13,760

you don't need to be the rube in

1398

00:51:18,309 --> 00:51:16,319

steven's film who says a bunch of stupid

1399

00:51:20,710 --> 00:51:18,319

[h__\h] that isn't true

1400

00:51:24,549 --> 00:51:20,720

you need to be educated so you can do

1401
00:51:27,270 --> 00:51:24,559
that so in that sense yeah but if you

1402
00:51:30,470 --> 00:51:27,280
ask jan about the deeper

1403
00:51:34,150 --> 00:51:30,480
philosophical and spiritual and

1404
00:51:36,630 --> 00:51:34,160
scientific implications of her work she

1405
00:51:38,549 --> 00:51:36,640
doesn't pull up short she doesn't say oh

1406
00:51:41,190 --> 00:51:38,559
well that's that's all we really need to

1407
00:51:42,309 --> 00:51:41,200
worry about she's more online with i

1408
00:51:45,430 --> 00:51:42,319
hope i'm not

1409
00:51:48,309 --> 00:51:45,440
over preaching but is like no man

1410
00:51:49,910 --> 00:51:48,319
science needs to deal with this stuff it

1411
00:51:52,790 --> 00:51:49,920
needs to deal with the fact that

1412
00:51:55,109 --> 00:51:52,800
consciousness is fundamental and yeah we

1413
00:51:57,349 --> 00:51:55,119

can help people out here because they're

1414

00:51:59,829 --> 00:51:57,359

so indoctrinated with this

1415

00:52:02,230 --> 00:51:59,839

dogmatic idea that completely limits

1416

00:52:03,750 --> 00:52:02,240

them yeah we can kind of

1417

00:52:06,390 --> 00:52:03,760

to use your metaphor put a little

1418

00:52:08,549 --> 00:52:06,400

band-aid on it but let's not pretend

1419

00:52:10,549 --> 00:52:08,559

like we've really addressed the

1420

00:52:12,630 --> 00:52:10,559

fundamental issue like in your film jeff

1421

00:52:13,589 --> 00:52:12,640

cripel does jeff kreppel goes look you

1422

00:52:15,670 --> 00:52:13,599

know

1423

00:52:17,349 --> 00:52:15,680

you want to play the scientism game you

1424

00:52:20,230 --> 00:52:17,359

want to play the brain is the

1425

00:52:22,630 --> 00:52:20,240

epiphenomenon or her consciousness is an

1426

00:52:25,349 --> 00:52:22,640

epiphenomenon of the brain you can say

1427

00:52:27,589 --> 00:52:25,359

it it just it isn't true it just like

1428

00:52:30,309 --> 00:52:27,599

jan says well you could say it the

1429

00:52:32,390 --> 00:52:30,319

research just doesn't support it so bot

1430

00:52:34,790 --> 00:52:32,400

can get can get pushed into a corner and

1431

00:52:36,470 --> 00:52:34,800

say well let's just you know maybe this

1432

00:52:37,589 --> 00:52:36,480

will help you know these people kind of

1433

00:52:39,510 --> 00:52:37,599

thing

1434

00:52:41,750 --> 00:52:39,520

that's fine but it doesn't really

1435

00:52:42,790 --> 00:52:41,760

address the deeper questions yeah yeah

1436

00:52:44,630 --> 00:52:42,800

well that's what your whole show is

1437

00:52:45,589 --> 00:52:44,640

about right you want to move that needle

1438

00:52:47,190 --> 00:52:45,599

forward

1439

00:52:49,190 --> 00:52:47,200

with in science

1440

00:52:51,829 --> 00:52:49,200

and where parkins coming from and

1441

00:52:53,829 --> 00:52:51,839

perhaps where i'm coming from as well is

1442

00:52:57,030 --> 00:52:53,839

more of a just helping people kind of a

1443

00:52:59,910 --> 00:52:57,040

place and it would be nice for people to

1444

00:53:01,910 --> 00:52:59,920

have that scientific support so they

1445

00:53:03,349 --> 00:53:01,920

don't have to lie to their friends as to

1446

00:53:05,190 --> 00:53:03,359

what they're doing that would be

1447

00:53:05,990 --> 00:53:05,200

wonderful and that would help

1448

00:53:08,390 --> 00:53:06,000

but

1449

00:53:10,230 --> 00:53:08,400

that's where what's not

1450

00:53:11,510 --> 00:53:10,240

like what joe dispenza says in the film

1451

00:53:13,829 --> 00:53:11,520

where he says

1452

00:53:16,150 --> 00:53:13,839

we have to do what feels good for us and

1453

00:53:19,829 --> 00:53:16,160

science has to catch up to where we are

1454

00:53:19,839 --> 00:53:23,109

why are you shaking your head

1455

00:53:23,119 --> 00:53:27,430

so what if one of those

1456

00:53:31,990 --> 00:53:29,589

what if one of those cultish religious

1457

00:53:34,150 --> 00:53:32,000

guys said the same thing

1458

00:53:35,910 --> 00:53:34,160

said hey steven they don't they don't

1459

00:53:37,349 --> 00:53:35,920

need to go down there

1460

00:53:39,829 --> 00:53:37,359

send them in send them into my

1461

00:53:42,549 --> 00:53:39,839

confessional i'll make them feel better

1462

00:53:44,630 --> 00:53:42,559

i'll make them i'll make them feel

1463

00:53:46,710 --> 00:53:44,640

the blood of jesus coursing through

1464

00:53:49,109 --> 00:53:46,720

their vein and that somehow i'll go

1465

00:53:52,230 --> 00:53:49,119

through this weekend retreat and you

1466

00:53:53,750 --> 00:53:52,240

know we'll take them to this mormon guy

1467

00:53:55,750 --> 00:53:53,760

there's all sorts of people say they can

1468

00:53:57,670 --> 00:53:55,760

make it feel better

1469

00:53:58,870 --> 00:53:57,680

underneath science

1470

00:54:00,390 --> 00:53:58,880

you want science to hold them

1471

00:54:01,750 --> 00:54:00,400

accountable

1472

00:54:05,349 --> 00:54:01,760

i want us

1473

00:54:08,069 --> 00:54:05,359

to hold everyone accountable just based

1474

00:54:10,790 --> 00:54:08,079

on common sense logic that we know and

1475

00:54:11,910 --> 00:54:10,800

many signs catch up to us

1476

00:54:13,430 --> 00:54:11,920

right

1477

00:54:15,030 --> 00:54:13,440

i'm saying the same thing

1478

00:54:16,630 --> 00:54:15,040

well i don't think you're saying the

1479

00:54:19,190 --> 00:54:16,640

same thing because

1480

00:54:22,150 --> 00:54:19,200

you know i think when botkin says

1481

00:54:24,870 --> 00:54:22,160

you know i'm just interested in

1482

00:54:27,109 --> 00:54:24,880

making people feel better

1483

00:54:29,589 --> 00:54:27,119

again i'm just tracing the same ground

1484

00:54:31,829 --> 00:54:29,599

like if botkin wants to say i'm just

1485

00:54:32,790 --> 00:54:31,839

interested in helping this class of

1486

00:54:35,589 --> 00:54:32,800

people

1487

00:54:37,910 --> 00:54:35,599

deal better with this particular health

1488

00:54:39,510 --> 00:54:37,920

problem that they have which is severe

1489

00:54:41,349 --> 00:54:39,520

chronic grief

1490

00:54:42,870 --> 00:54:41,359

that's fine

1491

00:54:45,030 --> 00:54:42,880

because the problem stephen is science

1492

00:54:47,109 --> 00:54:45,040

can't really handle this

1493

00:54:49,510 --> 00:54:47,119

at the end of the day you can't when you

1494

00:54:52,390 --> 00:54:49,520

say science will catch up

1495

00:54:54,309 --> 00:54:52,400

no science will not catch up

1496

00:54:56,230 --> 00:54:54,319

i think we're forcing science we're

1497

00:54:57,990 --> 00:54:56,240

forcing science to look at something

1498

00:54:58,950 --> 00:54:58,000

that we've we've discovered

1499

00:55:01,589 --> 00:54:58,960

but

1500

00:55:03,990 --> 00:55:01,599

not not really i mean to kind of switch

1501
00:55:07,270 --> 00:55:04,000
into the philosophy of science science

1502
00:55:08,470 --> 00:55:07,280
depends on the idea that the world is

1503
00:55:10,630 --> 00:55:08,480
out there

1504
00:55:12,950 --> 00:55:10,640
and we can measure the world

1505
00:55:14,470 --> 00:55:12,960
and we can reliably measure the world

1506
00:55:16,630 --> 00:55:14,480
and that there's this kind of

1507
00:55:17,510 --> 00:55:16,640
continuation of time and all this other

1508
00:55:20,390 --> 00:55:17,520
stuff

1509
00:55:22,549 --> 00:55:20,400
if what we're finding is that those

1510
00:55:26,069 --> 00:55:22,559
fundamental assumptions aren't true

1511
00:55:28,069 --> 00:55:26,079
then we can't really expect science to

1512
00:55:29,349 --> 00:55:28,079
really tackle that

1513
00:55:31,430 --> 00:55:29,359

let me let me ask you this i'm not sure

1514

00:55:33,430 --> 00:55:31,440

if this is on point or not

1515

00:55:35,829 --> 00:55:33,440

quantum physics has been around for a

1516

00:55:38,309 --> 00:55:35,839

while it's doing something very

1517

00:55:39,349 --> 00:55:38,319

different than the science of of newton

1518

00:55:40,630 --> 00:55:39,359

right

1519

00:55:42,789 --> 00:55:40,640

so

1520

00:55:44,230 --> 00:55:42,799

why hasn't the needle moved farther

1521

00:55:47,190 --> 00:55:44,240

along

1522

00:55:48,950 --> 00:55:47,200

my fundamental understanding

1523

00:55:51,030 --> 00:55:48,960

and this is not where i was at at the

1524

00:55:53,190 --> 00:55:51,040

beginning of skeptico but it is

1525

00:55:56,150 --> 00:55:53,200

certainly where i'm at now

1526

00:55:57,910 --> 00:55:56,160

is that there is a strong motivation to

1527

00:56:00,950 --> 00:55:57,920

not move the needle

1528

00:56:03,910 --> 00:56:00,960

and that people who are aware of their

1529

00:56:06,309 --> 00:56:03,920

expanded consciousness their connection

1530

00:56:08,710 --> 00:56:06,319

to the divine because we haven't even

1531

00:56:11,270 --> 00:56:08,720

talked about any of that this isn't just

1532

00:56:14,150 --> 00:56:11,280

talking to dead people

1533

00:56:17,829 --> 00:56:14,160

this is about connecting to

1534

00:56:22,069 --> 00:56:17,839

a love a glow a light if you will

1535

00:56:24,710 --> 00:56:22,079

that transcends all human experience

1536

00:56:27,589 --> 00:56:24,720

and i think that there's a lot of people

1537

00:56:29,910 --> 00:56:27,599

who have a vested interest in

1538

00:56:32,390 --> 00:56:29,920

being the intermediary between you and

1539

00:56:34,549 --> 00:56:32,400

that light religion has a motivation for

1540

00:56:36,950 --> 00:56:34,559

doing that certainly they don't want you

1541

00:56:38,470 --> 00:56:36,960

experiencing the light experiencing god

1542

00:56:40,230 --> 00:56:38,480

directly they want to be the

1543

00:56:41,670 --> 00:56:40,240

intermediary they want to say come

1544

00:56:43,829 --> 00:56:41,680

through me you got any of that

1545

00:56:45,670 --> 00:56:43,839

experience you're on the forest you saw

1546

00:56:48,309 --> 00:56:45,680

you felt the light you felt that

1547

00:56:49,670 --> 00:56:48,319

expanded consciousness no no no no come

1548

00:56:50,710 --> 00:56:49,680

back here just like the guy does in your

1549

00:56:53,510 --> 00:56:50,720

film he goes

1550

00:56:56,470 --> 00:56:53,520

no no no no all of that

1551
00:56:58,470 --> 00:56:56,480
no don't go there don't go there that is

1552
00:57:00,630 --> 00:56:58,480
it's criminally

1553
00:57:02,549 --> 00:57:00,640
criminally criminally

1554
00:57:05,030 --> 00:57:02,559
insanely

1555
00:57:07,589 --> 00:57:05,040
negligent and bigoted and science is

1556
00:57:09,349 --> 00:57:07,599
doing the same thing science is saying

1557
00:57:12,230 --> 00:57:09,359
you're a biological robot in a

1558
00:57:14,789 --> 00:57:12,240
meaningless universe how dare you think

1559
00:57:17,190 --> 00:57:14,799
that that you could have anything more

1560
00:57:20,390 --> 00:57:17,200
in this life just do what the [h__h] we

1561
00:57:21,430 --> 00:57:20,400
say put on the mask take the jab to get

1562
00:57:26,630 --> 00:57:21,440
your

1563
00:57:28,870 --> 00:57:26,640

credit card but don't ever for a minute

1564

00:57:32,150 --> 00:57:28,880

think that you're more than

1565

00:57:35,320 --> 00:57:32,160

just biology

1566

00:57:38,150 --> 00:57:35,330

well said i could agree with you more

1567

00:57:40,309 --> 00:57:38,160

[Laughter]

1568

00:57:42,630 --> 00:57:40,319

so this film is great for all the

1569

00:57:45,190 --> 00:57:42,640

reasons i said but i don't know that we

1570

00:57:47,589 --> 00:57:45,200

really i kind of got us off track with

1571

00:57:49,270 --> 00:57:47,599

the story arc what don't you like

1572

00:57:50,069 --> 00:57:49,280

there's nothing i didn't like about this

1573

00:57:51,829 --> 00:57:50,079

film

1574

00:57:54,789 --> 00:57:51,839

i thought it was really great

1575

00:57:56,870 --> 00:57:54,799

it was shot beautifully done beautifully

1576

00:57:58,710 --> 00:57:56,880

the story carries there's no narration

1577

00:58:00,630 --> 00:57:58,720

and the story just goes

1578

00:58:01,990 --> 00:58:00,640

but again let me return because i don't

1579

00:58:05,270 --> 00:58:02,000

think i gave you a chance to really

1580

00:58:07,270 --> 00:58:05,280

fully talk about it the the story arc is

1581

00:58:09,270 --> 00:58:07,280

is really really

1582

00:58:11,190 --> 00:58:09,280

meaningful it's meaningful to the people

1583

00:58:13,190 --> 00:58:11,200

involved but it's also meaningful for

1584

00:58:14,470 --> 00:58:13,200

the movie and i think it's obviously

1585

00:58:16,230 --> 00:58:14,480

where you're really trying to go with

1586

00:58:17,270 --> 00:58:16,240

this film and how you're trying to touch

1587

00:58:18,870 --> 00:58:17,280

people

1588

00:58:21,109 --> 00:58:18,880

tell us about that

1589

00:58:24,230 --> 00:58:21,119

you know it's funny i my my partner

1590

00:58:26,630 --> 00:58:24,240

christopher asked me

1591

00:58:28,309 --> 00:58:26,640

why did i why was i making the film

1592

00:58:29,430 --> 00:58:28,319

and i thought about it i gave him one

1593

00:58:31,750 --> 00:58:29,440

answer then i gave him a different

1594

00:58:33,589 --> 00:58:31,760

answer than i slept on and i

1595

00:58:35,270 --> 00:58:33,599

we talked the next day and he said

1596

00:58:37,270 --> 00:58:35,280

i think i think i might have something

1597

00:58:39,430 --> 00:58:37,280

to do with my father i'm not sure but i

1598

00:58:41,750 --> 00:58:39,440

think i might be doing it for him

1599

00:58:44,390 --> 00:58:41,760

and christopher said we all do it for

1600

00:58:47,990 --> 00:58:46,630

anyway um

1601
00:58:49,270 --> 00:58:48,000
you know

1602
00:58:52,230 --> 00:58:49,280
i'm not sure if this answers your

1603
00:58:53,030 --> 00:58:52,240
question but

1604
00:58:55,030 --> 00:58:53,040
i

1605
00:58:56,950 --> 00:58:55,040
really wanted to help my mom

1606
00:58:58,549 --> 00:58:56,960
and i was

1607
00:59:00,870 --> 00:58:58,559
really just

1608
00:59:02,710 --> 00:59:00,880
i was i really was infuriated with a

1609
00:59:04,549 --> 00:59:02,720
grief counselor and

1610
00:59:06,470 --> 00:59:04,559
i knew that people

1611
00:59:09,109 --> 00:59:06,480
would just feel a lot better

1612
00:59:09,990 --> 00:59:09,119
if they felt if they believed they had

1613
00:59:12,230 --> 00:59:10,000

hope

1614

00:59:14,309 --> 00:59:12,240

that there was something that

1615

00:59:15,670 --> 00:59:14,319

went on to another realm

1616

00:59:17,990 --> 00:59:15,680

and

1617

00:59:19,990 --> 00:59:18,000

i just wanted to support the people in

1618

00:59:20,950 --> 00:59:20,000

my mother's community who had that

1619

00:59:22,870 --> 00:59:20,960

belief

1620

00:59:24,870 --> 00:59:22,880

i didn't want

1621

00:59:26,390 --> 00:59:24,880

let me go to the dsm for a second so you

1622

00:59:28,789 --> 00:59:26,400

have a sophisticated audience they know

1623

00:59:30,390 --> 00:59:28,799

what the dsm is i would assume but go

1624

00:59:32,549 --> 00:59:30,400

ahead it never hurts

1625

00:59:33,829 --> 00:59:32,559

diagnostic and statistical manual for is

1626
00:59:35,270 --> 00:59:33,839
it mental health disorder something

1627
00:59:38,470 --> 00:59:35,280
along those lines which doctors

1628
00:59:40,630 --> 00:59:38,480
referenced uh on a daily basis

1629
00:59:43,589 --> 00:59:40,640
there's a section on there called the

1630
00:59:44,630 --> 00:59:43,599
hallucinations of bereavement

1631
00:59:46,950 --> 00:59:44,640
alex

1632
00:59:48,230 --> 00:59:46,960
what would you call a hallucination of

1633
00:59:50,150 --> 00:59:48,240
bereavement would you would you say that

1634
00:59:52,390 --> 00:59:50,160
was an oxymoron

1635
00:59:54,069 --> 00:59:52,400
could you make sense of that phrase

1636
00:59:55,589 --> 00:59:54,079
how could something be

1637
00:59:57,349 --> 00:59:55,599
normal and

1638
01:00:00,630 --> 00:59:57,359

and hallucination

1639

01:00:02,230 --> 01:00:00,640

so that's in the dsm and it says okay

1640

01:00:05,349 --> 01:00:02,240

these are normal

1641

01:00:08,069 --> 01:00:05,359

don't pathologize them

1642

01:00:10,470 --> 01:00:08,079

and 50 years ago right we find this guy

1643

01:00:12,549 --> 01:00:10,480

dewey reese did this study found out

1644

01:00:14,309 --> 01:00:12,559

that half the people had these things

1645

01:00:16,390 --> 01:00:14,319

so why on earth are we still

1646

01:00:19,030 --> 01:00:16,400

pathologizing them

1647

01:00:21,510 --> 01:00:19,040

so yes these healthcare professionals

1648

01:00:23,510 --> 01:00:21,520

are derelict in their duties they should

1649

01:00:25,430 --> 01:00:23,520

know about this science because it's

1650

01:00:28,230 --> 01:00:25,440

already half a century old

1651
01:00:30,069 --> 01:00:28,240
so it doesn't really make sense that

1652
01:00:31,829 --> 01:00:30,079
they're not looking there

1653
01:00:34,870 --> 01:00:31,839
and it is

1654
01:00:36,950 --> 01:00:34,880
reprehensible i would i would say for

1655
01:00:39,030 --> 01:00:36,960
the psychiatrist in the fam in the film

1656
01:00:40,230 --> 01:00:39,040
who i defended earlier now i'm kind of

1657
01:00:42,950 --> 01:00:40,240
getting on

1658
01:00:45,190 --> 01:00:42,960
the train and saying yeah he should know

1659
01:00:46,309 --> 01:00:45,200
this is normal and it's actually helpful

1660
01:00:47,910 --> 01:00:46,319
to most people who have these

1661
01:00:48,630 --> 01:00:47,920
experiences

1662
01:00:51,349 --> 01:00:48,640
so

1663
01:00:53,670 --> 01:00:51,359

i'm delighted that i've uncovered this

1664

01:00:55,430 --> 01:00:53,680

in my own research i'm delighted that i

1665

01:00:57,910 --> 01:00:55,440

could share it in a kind of an

1666

01:00:59,349 --> 01:00:57,920

entertaining way and what was the most

1667

01:01:01,190 --> 01:00:59,359

important thing for me when making this

1668

01:01:04,069 --> 01:01:01,200

film is that

1669

01:01:05,990 --> 01:01:04,079

i wanted to make a mainstream movie

1670

01:01:07,030 --> 01:01:06,000

i wanted to i wanted i didn't want to

1671

01:01:09,430 --> 01:01:07,040

just

1672

01:01:11,190 --> 01:01:09,440

preach to the choir i wanted to speak to

1673

01:01:14,069 --> 01:01:11,200

people on the fence because that's where

1674

01:01:16,390 --> 01:01:14,079

i was 10 years ago i was on the fence

1675

01:01:18,470 --> 01:01:16,400

and

1676

01:01:20,309 --> 01:01:18,480

that's why i try to stride out that line

1677

01:01:22,950 --> 01:01:20,319

again that's why i just wanted to kind

1678

01:01:25,109 --> 01:01:22,960

of show both sides have real people

1679

01:01:26,470 --> 01:01:25,119

having real experiences having real

1680

01:01:28,390 --> 01:01:26,480

pundits talk about what these

1681

01:01:31,349 --> 01:01:28,400

experiences could mean yes i was

1682

01:01:32,789 --> 01:01:31,359

contrasting them and at times i was

1683

01:01:34,230 --> 01:01:32,799

making certain

1684

01:01:36,549 --> 01:01:34,240

perhaps

1685

01:01:39,829 --> 01:01:36,559

purposefully by accident making some of

1686

01:01:41,109 --> 01:01:39,839

the speakers look a little foolish but

1687

01:01:42,710 --> 01:01:41,119

i think what i was i've been

1688

01:01:45,109 --> 01:01:42,720

complimented for this and i and i'm

1689

01:01:47,270 --> 01:01:45,119

proud of the fact that i have respect

1690

01:01:49,190 --> 01:01:47,280

for everyone who spoke in the film i

1691

01:01:50,309 --> 01:01:49,200

respect for their their industry that

1692

01:01:52,630 --> 01:01:50,319

they're in

1693

01:01:53,829 --> 01:01:52,640

and i don't want to portray anybody like

1694

01:01:56,150 --> 01:01:53,839

a clown

1695

01:01:58,069 --> 01:01:56,160

so i i unders i respect your opinion i'm

1696

01:01:59,910 --> 01:01:58,079

actually delighted that you have a

1697

01:02:01,109 --> 01:01:59,920

strong reaction to some of the speakers

1698

01:02:03,430 --> 01:02:01,119

in the film

1699

01:02:05,190 --> 01:02:03,440

i share your opinion in some in a

1700

01:02:08,549 --> 01:02:05,200

smaller way i share your opinion very

1701

01:02:10,309 --> 01:02:08,559

often but i i do

1702

01:02:12,230 --> 01:02:10,319

respect everyone in it

1703

01:02:14,710 --> 01:02:12,240

great i will just mention no one comes

1704

01:02:16,630 --> 01:02:14,720

through as a clown no one comes through

1705

01:02:20,309 --> 01:02:16,640

as someone who's being

1706

01:02:22,870 --> 01:02:20,319

kind of set up in any way and that's to

1707

01:02:24,309 --> 01:02:22,880

your to your credit definitely so

1708

01:02:26,470 --> 01:02:24,319

stephen where

1709

01:02:28,630 --> 01:02:26,480

where will you go with the film how will

1710

01:02:30,630 --> 01:02:28,640

you get this out to

1711

01:02:34,150 --> 01:02:30,640

you know people who who need to see it

1712

01:02:35,510 --> 01:02:34,160

because as you just said quite perfectly

1713

01:02:36,870 --> 01:02:35,520

eloquently

1714

01:02:39,750 --> 01:02:36,880

there's a lot of people

1715

01:02:42,630 --> 01:02:39,760

who will see this and will take direct

1716

01:02:44,950 --> 01:02:42,640

action that will make their life better

1717

01:02:45,829 --> 01:02:44,960

they'll see it they'll help a family

1718

01:02:49,029 --> 01:02:45,839

member

1719

01:02:51,029 --> 01:02:49,039

take action that will make their life

1720

01:02:53,270 --> 01:02:51,039

better

1721

01:02:54,710 --> 01:02:53,280

i'm glad you asked that question

1722

01:02:55,589 --> 01:02:54,720

right now it's in the film festival

1723

01:02:57,109 --> 01:02:55,599

circuit

1724

01:02:59,750 --> 01:02:57,119

where as you pointed out earlier it's

1725

01:03:02,069 --> 01:02:59,760

done very well great it's won best film

1726

01:03:03,910 --> 01:03:02,079

and uh best feature in two different

1727

01:03:06,390 --> 01:03:03,920

film festivals so that's that's a great

1728

01:03:07,670 --> 01:03:06,400

feather in my filmmaking cap but in

1729

01:03:10,549 --> 01:03:07,680

terms of getting out to the people

1730

01:03:11,349 --> 01:03:10,559

that's really my my main priority

1731

01:04:08,470 --> 01:03:11,359

i

1732

01:04:11,109 --> 01:04:08,480

ask me how you can host an event

1733

01:04:13,670 --> 01:04:11,119

yeah i i think that's terrific and i can

1734

01:04:16,549 --> 01:04:13,680

imagine people setting up little groups

1735

01:04:19,029 --> 01:04:16,559

to do viewings of this among you know

1736

01:04:20,230 --> 01:04:19,039

groups who are interested in it so yeah

1737

01:04:22,390 --> 01:04:20,240

we'll definitely have a link where

1738

01:04:25,589 --> 01:04:22,400

people can go and you can then contact

1739

01:04:27,829 --> 01:04:25,599

steven and make that happen so best of

1740

01:04:29,589 --> 01:04:27,839

luck with all that it's really really is

1741

01:04:31,510 --> 01:04:29,599

a great movie and i i hope people it's

1742

01:04:33,029 --> 01:04:31,520

not that hard i mean to to find they can

1743

01:04:34,630 --> 01:04:33,039

also just contact you

1744

01:04:36,630 --> 01:04:34,640

can't they just give you 10 bucks and

1745

01:04:38,470 --> 01:04:36,640

watch it kind of thing

1746

01:04:40,870 --> 01:04:38,480

they will be able to do that soon

1747

01:04:42,630 --> 01:04:40,880

unfortunately it's got to be a part of a

1748

01:04:44,710 --> 01:04:42,640

private event or they have to come to me

1749

01:04:46,630 --> 01:04:44,720

privately so if you want to write to me

1750

01:04:48,470 --> 01:04:46,640

and get on my on my list so i can invite

1751

01:04:51,510 --> 01:04:48,480

you to a private event i i can do that

1752

01:04:53,430 --> 01:04:51,520

for you but yeah if you contact steven

1753

01:04:55,510 --> 01:04:53,440

if you contact stephen you'll figure out

1754

01:04:58,230 --> 01:04:55,520

how to do it and if you want to donate

1755

01:04:59,829 --> 01:04:58,240

to this cause which i

1756

01:05:02,309 --> 01:04:59,839

i promise even because i will because

1757

01:05:04,230 --> 01:05:02,319

it's important i definitely am doing in

1758

01:05:06,069 --> 01:05:04,240

general i mean the more

1759

01:05:07,190 --> 01:05:06,079

awareness he can bring to this it's just

1760

01:05:09,109 --> 01:05:07,200

a very

1761

01:05:12,150 --> 01:05:09,119

i want to say it's a it's a direct

1762

01:05:13,750 --> 01:05:12,160

indirect way of kind of helping people

1763

01:05:16,309 --> 01:05:13,760

but alex why are they donating i forgot

1764

01:05:17,589 --> 01:05:16,319

to mention pbs i'm trying to get a pbs

1765

01:05:19,750 --> 01:05:17,599

broadcast

1766

01:05:21,990 --> 01:05:19,760

sometime around halloween of

1767

01:05:24,230 --> 01:05:22,000

this coming year this year so halloween

1768

01:05:25,750 --> 01:05:24,240

of 2022 i'm hoping to get it on pbs

1769

01:05:27,910 --> 01:05:25,760

they've already seen the film they like

1770

01:05:29,430 --> 01:05:27,920

it i just don't have a firm commitment

1771

01:05:31,990 --> 01:05:29,440

yet but when i do get that firm

1772

01:05:33,670 --> 01:05:32,000

commitment i'm going to need money

1773

01:05:35,430 --> 01:05:33,680

to pay off

1774

01:05:37,349 --> 01:05:35,440

the what is it called the presenting

1775

01:05:40,230 --> 01:05:37,359

station fee i also i'm going to have to

1776

01:05:42,069 --> 01:05:40,240

recut it to be beat pbs standards that's

1777

01:05:44,390 --> 01:05:42,079

going to cost some bucks which i'm out

1778

01:05:46,390 --> 01:05:44,400

of i spent all my money on the film i

1779

01:05:48,630 --> 01:05:46,400

did not save any for distribution that

1780

01:05:50,870 --> 01:05:48,640

was a foolish rookie mistake filmmakers

1781

01:05:53,589 --> 01:05:50,880

are not supposed to do that i did that

1782

01:05:56,230 --> 01:05:53,599

whoops so i am looking for donations to

1783

01:05:57,430 --> 01:05:56,240

help me get it on pbs in the fall and i

1784

01:05:59,349 --> 01:05:57,440

also want to say while i have this

1785

01:06:01,829 --> 01:05:59,359

opportunity alex that you helped me out

1786

01:06:03,990 --> 01:06:01,839

quite a bit in terms of the your program

1787

01:06:05,829 --> 01:06:04,000

skeptical was a huge part of my research

1788

01:06:07,910 --> 01:06:05,839

skeptica was also a huge part of my

1789

01:06:09,990 --> 01:06:07,920

finding the people i wanted to speak in

1790

01:06:13,190 --> 01:06:10,000

this film i could have called this film

1791

01:06:15,510 --> 01:06:13,200

skeptico the movie i didn't but i could

1792

01:06:18,069 --> 01:06:15,520

have so thank you very much for you your

1793

01:06:20,710 --> 01:06:18,079

program the speakers you've had they've

1794

01:06:22,630 --> 01:06:20,720

been very educational uh that's super

1795

01:06:25,430 --> 01:06:22,640

super nice of you to say i i am

1796

01:06:28,549 --> 01:06:25,440

delighted that i could play you know

1797

01:06:30,150 --> 01:06:28,559

that connector role in this so great

1798

01:06:33,109 --> 01:06:30,160

great glad to

1799

01:06:35,109 --> 01:06:33,119

have been there steven best of luck with

1800

01:06:37,589 --> 01:06:35,119

this important film

1801
01:06:41,029 --> 01:06:37,599
living with ghosts make sure you check

1802
01:06:43,349 --> 01:06:41,039
it out and uh you'll have to uh we'll

1803
01:06:46,230 --> 01:06:43,359
have to reconnect you know maybe

1804
01:06:48,390 --> 01:06:46,240
this fall next fall yeah this fall you

1805
01:06:49,829 --> 01:06:48,400
know when it's kind of rounding out

1806
01:06:52,069 --> 01:06:49,839
we'll come back and see where this is

1807
01:06:53,910 --> 01:06:52,079
going because i got a feeling

1808
01:06:56,549 --> 01:06:53,920
you are going to be

1809
01:06:58,470 --> 01:06:56,559
a kind of a go-to person

1810
01:07:01,029 --> 01:06:58,480
in this very important field so let's

1811
01:07:03,589 --> 01:07:01,039
stay in touch right my pleasure alex

1812
01:07:05,270 --> 01:07:03,599
thank you thank you for having me

1813
01:07:07,270 --> 01:07:05,280

thanks again to stephen berkley for

1814

01:07:09,349 --> 01:07:07,280

joining me today on skeptico the one

1815

01:07:12,390 --> 01:07:09,359

question i t up from this interview

1816

01:07:14,630 --> 01:07:12,400

slightly off topic but not really what

1817

01:07:17,829 --> 01:07:14,640

are the implications of these extended

1818

01:07:19,430 --> 01:07:17,839

consciousness technologies so think back

1819

01:07:20,870 --> 01:07:19,440

about your trauma let me tap on your

1820

01:07:23,670 --> 01:07:20,880

hands and boof

1821

01:07:26,230 --> 01:07:23,680

something happens something changes

1822

01:07:29,109 --> 01:07:26,240

what are we supposed to think that means

1823

01:07:29,910 --> 01:07:29,119

about consciousness about our place in

1824

01:07:33,029 --> 01:07:29,920

this

1825

01:07:35,029 --> 01:07:33,039

extended consciousness realm

1826

01:07:37,270 --> 01:07:35,039

let me know your thoughts as always love

1827

01:07:40,549 --> 01:07:37,280

to hear from you

1828

01:07:43,109 --> 01:07:40,559

good or bad let it hang out there

1829

01:07:44,309 --> 01:07:43,119

so much more to come stay with me for

1830

01:07:46,549 --> 01:07:44,319

all of that

1831

01:07:48,880 --> 01:07:46,559

until next time take care

1832

01:08:02,480 --> 01:07:48,890

and bye for now